

COMMUNITY SWIM SAFETY



- **Youth ages 17 & under** must take a swim test. After the test, a colored band will be provided which indicates the area of the pool you can swim in and what level of adult supervision is required.
- **If a red band is issued, you must stay in the shallow end of the pool with proper supervision:**
 - **Children age 7 & under** with a red band must have an actively engaged parent/guardian in the water within arm's reach.
 - **Children ages 8-12** with a red band must have an actively engaged parent/guardian in the water within arm's reach and (the adult) must be in water below armpit level; OR the child must wear a US Coast Guard approved personal flotation device, and be directly supervised by a parent/guardian on the pool deck.
 - **Teens ages 13-17** with a red band do not require an adult in the water as long as the teen wears a US Coast Guard approved personal flotation device. Otherwise, an actively engaged parent/guardian must be in the water with the teen, within arm's reach and in water below armpit level.
- **Adults ages 18 & older** may be asked to participate in a swim test if the lifeguard has determined that the guest may not be safe in the deep end of the pool independently.
- Proper swim attire is required (one-piece swimsuits, two-piece swimsuits, rash guards, and swim trunks). Thong swimsuits and bottoms, undergarments, cut-off shorts, street clothes, etc. are not permitted. T-shirts designed for swimming can be worn over swimsuits and swim trunks, provided they do not create a safety hazard.
- All participants getting in the pool must shower before entering the pool.
- A swim diaper is required for anyone who is not toilet trained.
- Running or excessive horseplay is not permitted.
- Food and drink are not permitted on the pool deck. Water is allowed.
- Holding your breath underwater for prolonged periods can be deadly. Underwater (hypoxic) training and breath-holding games are not permitted.
- Inappropriate behavior, offensive language, and not following posted rules or directions from the lifeguard may result in dismissal from the pool area and/or the Y.
- During inclement weather, our pool and pool deck closes for thunder and lightning until 30 minutes after the last occurrence. This policy is enacted if thunder and lightning is detected within six miles of our indoor pools. Feel free to call the Y if a storm is forecasted or near the area.

In the event the pool must close during your visit (weather, safety concern, etc.), a refund will not be issued.