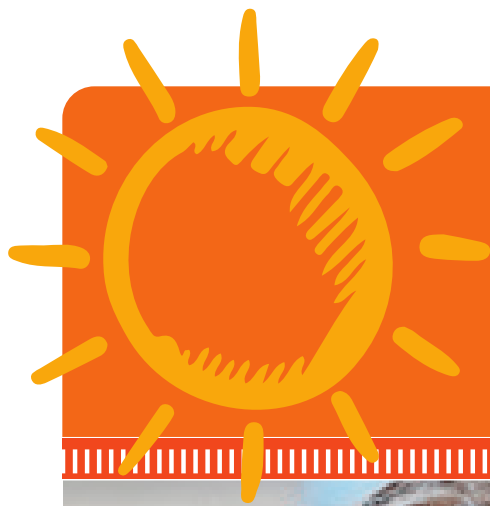




**Y** Preschool



# BRIGHT BEGINNINGS START HERE



Y Preschool focuses on school-readiness,  
confidence, character and fun!



# A FOCUS ON SCHOOL READINESS

Y Preschool is a trusted early childhood education program that combines a safe and happy educational environment with an intentional, proven curriculum designed to stimulate intellectual, emotional, and social growth – all with the focus of preparing children for success in kindergarten and beyond. Our program provides opportunities for young children to:

- Learn through play
- Develop cognitive and physical health
- Become enthusiastic, inquisitive learners
- Develop character
- Be independent and self-confident
- And so much more!



Y Preschool is a licensed early childhood education program through the Maryland State Department of Education, Office of Child Care.



**TABLE OF CONTENTS**

Experience Matters .....4

Nuturing the Potential of Every Child .....6

Our Values .....6

Y Preschool Locations .....7

A Day at Y Preschool .....8

Curriculum Overview .....9

What Parents Say .....10

Membership For All .....11

# EXPERIENCE MATTERS

As a parent or guardian of a young child, you make decisions every day that shape your child's path towards success. For over 50 years, the Y in Central Maryland has been a trusted leader in early childhood education, supporting children, parents, and families along their journey.

Y Preschool provides a quality early childhood education through a fun learning environment, collaborative classrooms, and a cutting-edge curriculum designed to help young children ages 6 weeks – 5 years prepare to enter kindergarten ready to learn and succeed. In fact, children enrolled in Y Preschool routinely assess above state averages across all academic measures when entering kindergarten!





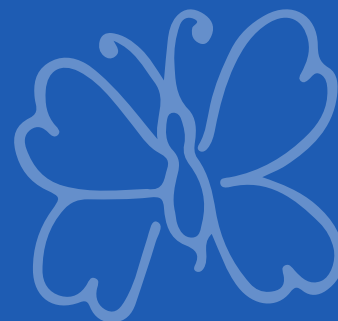


## WE BELIEVE IN NURTURING THE POTENTIAL OF EVERY CHILD



At the Y, we are committed to providing family-oriented, affordable, high quality programs that lead to:

- Every child and youth deepening positive values, their commitment to service and their motivation to learn
- Every family building stronger bonds, achieving greater work/life balance and becoming more engaged with their community
- An enhanced quality of life in the communities in which we operate



## OUR VALUES

Our programs and services are infused with our four positive character values:  
Caring, Honesty, Respect and Responsibility.

# Y PRESCHOOL LOCATIONS

## BALTIMORE COUNTY

### Y Preschool in Towson

301 West Chesapeake Avenue  
Towson, MD 21204

- Ages 6 weeks-5
- Flexible options for full-time and part-time

### The Betty Sterner Preschool in Catonsville\*

850 South Rolling Road  
Catonsville, MD 21228

- Ages 2-5
- Half-day Pre-K
- Flexible options for full-time and part-time

### Y Preschool at UMBC

1000 Hilltop Circle  
Baltimore, MD 21250

- Ages 2-5
- Flexible options for full-time and part-time

## BALTIMORE CITY

### Sherman Early Childhood Center

900 East 33rd Street  
Baltimore, MD 21218

- Ages 6 weeks-5
- Flexible options for full-time and part-time

## CARROLL COUNTY

### Y Chipmunks Preschool in Finksburg

2101 Old Westminster Pike  
Finksburg, MD 21048

- Ages 2-4
- Half-day

\* The Betty Sterner Y Preschool in Catonsville also offers Before & After School Enrichment for school-age siblings at the following schools: Arbutus Elementary and Middle, Catonsville Elementary, Hillcrest Elementary, and Relay Elementary. Please call 410-747-4951 for more information on these programs.





# A DAY AT Y PRESCHOOL

## MORNING ACTIVITIES



TABLETOP  
GAMES



OUTDOOR  
PLAY

BREAKFAST



MORNING  
CARPET  
TIME

LEARNING CENTERS  
AND SMALL GROUPS



STEAM  
(science, Technology, Engineering,  
Art, math)



LUNCH



STORYTIME



REST  
TIME

## AFTERNOON ACTIVITIES

OUTDOOR PLAY



AFTERNOON  
SNACK

STEAM

(science, Technology, Engineering,  
Art, math)



THEMATIC  
ACTIVITY

SMALL GROUP  
EXPERIENCE



DAILY WRAP-UP

The schedule above is an example of a day in Y Preschool. Specific activities for different age groups will vary and timing may be different. To find out your child's specific daily schedule, please contact the Preschool Director at the preschool location you're interested in.

“ I love the Y Preschool and the support, care,  
education, and social skills that my child gets there.”  
- sian, Parent

# CURRICULUM OVERVIEW

Our 'learn through play' curriculum incorporates character values, cognitive, physical, social, emotional and language experiences, and most importantly – lays the foundation for your child's future academic success.

With this in mind, the Y in Central Maryland has implemented a Maryland State Department of Education Approved Preschool Curriculum into all of our Y Preschool programs. These resources promote the development of the whole child – socially, emotionally, cognitively, and physically. Our curriculum consists of skills and activities that provide children with solid, coherent foundations for later learning in kindergarten and beyond.

Our curriculum identifies goals in the following areas of development:

## LANGUAGE

To help children gain literacy skills and oral language skills.

## COGNITIVE

To help children become confident learners by letting them try out their own ideas and experience success, and by helping them acquire learning skills such as problem solving, asking questions, and using words to describe their ideas, observations, and feelings.

## SOCIAL – EMOTIONAL

To help children experience pride and self-confidence, develop independence and self-control, and have a positive attitude towards life.

## PHYSICAL

To help children increase their large and small muscle skills and feel confident about their bodies.

# LESSON PLANS

Y Preschool teachers create weekly lesson plans based on MSDE-approved unit plans. The curriculum and the unit plans are created by Y curriculum specialists and reviewed annually by the teaching teams, giving them an opportunity to provide feedback on an ongoing basis.

All activities included in the lesson plans are designed to meet age-appropriate goals and objectives. We tailor our lessons to meet the developmental needs of each individual student to the best of our ability. A curriculum overview is shared with parents on a weekly basis.



## WHAT PARENTS SAY

Trusted for over 50 years, the Y Preschool program is one of the highest quality, family-oriented programs in central Maryland. But don't just take our word for it...here are a few comments from parents!

**"My son LOVES to "go to school" every morning at Y Preschool! I love how structured the program is, how clean and safe the facility is, and of course how welcoming all of the teachers are on an everyday basis!"**

- Eileen, Parent

**"I refer all of my friends to Y Preschool. My daughter loves it!"**

- Brynn, Parent



**"I love the flexible hours, teachers, and balance of education and play at Y Preschool. I appreciate that the children in the program are diverse and my daughter is safe and happy."**

- Caitlin, Parent

**"I love knowing my kids are in good hands at Y Preschool. It makes being a working mom much easier knowing your kids are not just being cared for, but loved, too."**

- Kelly, Parent

**"True to the Y's core values, Y Preschool does a fantastic job of teaching our children to appreciate and celebrate the unique differences in others and to personify the traits of a positive and caring person."**

- Tabitha, Parent



# MEMBERSHIP FOR ALL



Membership is the unifying hub of Y community life. All families enrolled in Y Preschool receive a Y family membership as a part of their program enrollment. This membership benefit is annually worth over \$1,200 per family but more importantly, it provides a gateway to greater participation in the Y community.

## **Your Y family membership includes:**

- Unlimited access to all 11 Y family centers in Central Maryland
- Free Stay & Play for your little ones while you use the Y
- Group exercise classes
- Exclusive member-only access to Y Day Camp, swim lessons, youth sports classes, and more
- Use of our lap and family fun pools
- Brand-new exercise equipment
- Use of gymnasiums, family game rooms and rock walls
- A wide range of family programming like Parents' Night Out (free date nights!)
- Opportunities to volunteer in your community
- And so much more!

**Plus, your Y membership continues at no cost to you even during school holidays and the summer months as long as your child is enrolled in the Y Preschool program.**



# JOIN OUR Y FAMILY

Visit [ymarylandpreschool.org](https://ymarylandpreschool.org)  
to schedule a tour and enroll your child today!

