



We have several great Y Associate Shout Outs today. These are stories about pitching in, reaching out, showing initiative, being a great colleague, and going the extra mile: all of which are hallmarks of Y associates and our organizational culture.

Ryan Barnhart (Fitness Coach, The Greater Annapolis Y in Arnold)

Ryan went above and beyond when the center was experiencing overheating due to rapidly rising temperatures outside. He went searching to find another fan to alleviate the issue, which multiple members complained about. After searching for about five minutes, Ryan was able to locate an unused fan located in the pool area. After checking with the lifeguard, he brought the fan to the fitness floor and set it up, dusting and plugging it in. With the help of the additional fan (and the AC), the temperature decreased by five degrees over three hours, much to the relief of everyone! (Submitted by Aidan Powell)

Kalie Borries (Group Exercise Instructor, The Dancel Y in Ellicott City)

Kalie goes above and beyond to make our Les Mills quarterly launches an EVENT at the Dancel Y! She helps organize our Les Mills instructor team well ahead of time to plan our launch dates and team teaching plan. Kalie volunteers her time, effort and resources to help in thematically decorating the group exercise studio, making sure there are fun giveaways and/or refreshments, even showing up to each of the 6 am launches this past week! Thank you, Kalie, for going the extra mile to provide a fun, special workout experience for our members! (Submitted by Sue Sawyer Ortiz)

Tony Cuffia (Property Director, The Y in Catonsville)

Big thanks to Tony for his efforts in preparing the Y in Catonsville for Healthy Kids Day! Tony worked with a team of 13 volunteers from BGE the day before to get our pavilion and grounds ready for the event. (Submitted by Jessica Chiaramonte)

Christian Lopez (Lifeguard, The Y in Pasadena)

I met Christian about two months ago when he was assigned to assist with the youth sports program. During this time, I have seen him come to work ready and willing to help any and everyone around the Y. Christian is a well-rounded associate, checks on his colleagues often, and has been a great help to the youth sports program. He will surely succeed in whatever that he determines he wants to do next here at the Y. (Submitted by Kimberly Langford)

Harry Seideman (Membership Associate, The Orokawa Y in Towson)

Harry is always willing and ready to assist wherever help is needed. He has also been a go-to person in helping me in my training as a new hire. Thank you Harry! (Submitted by Crystal Pryor)

If you have a colleague you would like to "Shout Out," just fill out the nomination form linked here: [Y Associate Shout Out Nomination](#)

Thanks!

All the best,

A handwritten signature in black ink, appearing to be 'JH', is positioned above the printed name and title.

John K. Hoey
President & CEO