



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

THE Y IN CENTRAL MARYLAND
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For Immediate Release

MEDIA RELEASE

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The Y in Central Maryland to Cut the Ribbon for its Fourth Y Fresh Mart Food Pantry in the Region.

On April 20, 2024, the Y in Central Maryland will open the doors to a new Y Fresh Mart Food Pantry, located at the Hill Y in Westminster. This will be the Y's fourth Family Center-based food pantry in the region.

Y Fresh Marts offer community members an extensive range of food items including canned goods, bread, cereal, meat, rice, pasta, fresh produce, and more, at no cost.

"Healthy living begins with reliable access to healthy food and is a cornerstone principle of the Y's values and mission. Across the region, it's estimated that one in 10 households live with food insecurity, a number which continues to rise. The addition of food pantries to our Y family centers is a reflection of our broader strategy around healthy living and social responsibility. There is no one size fits all solution to health. We need to be there for the totality of our community, and we are," comments John Hoey, President & CEO of the Y in Central Maryland.

This latest Fresh Mart is a welcomed addition to the existing Y Fresh Marts located in the Ys in Druid Hill, Parkville and Pasadena. The Y also distributes food through its Y Head Start locations and Community School food pantries. The Y Fresh Mart Food Pantries are open to all. Approximately 400,000 meals annually are provided to those in need through Y food distribution.

Operated by Y volunteers and associates, the Y Fresh Mart at Hill Y in Westminster will be open on Mondays, 3pm - 6pm and Saturdays, 10am - 1pm.

The Y Fresh Mart at Hill Y is supported by the Maryland Food Bank, McCormick Flavor for Life, Wellpoint and Westminster Rescue Mission.

Ribbon Cutting Event Details:

Date: Saturday, April 20

Time: 9:30am - 10:15am

Location: The Hill Y in Westminster
1719 Sykesville Rd, Westminster, MD 21157

About the Y in Central Maryland

Our Mission:

The Y is a charitable organization in Central Maryland dedicated to developing the full potential of every individual through programs that build healthy spirit, mind and body for all.

Our Commitment:

At the Y, we are committed to providing family-oriented, affordable, high quality programs that focus on building inclusive, connected communities through Youth Development, Healthy Living and Social Responsibility.

The Y is a place for everyone. People of all races, ages, faiths, genders, abilities, backgrounds and incomes are embraced and financial assistance is provided to actively engage the entirety of the community.

Our Values:

Caring, Honesty, Respect and Responsibility

Visit ymaryland.org/yfreshmart for more details