

Why Risk It?

RISK REDUCTION RECOMMENDATIONS & REVIEWS

The Y in Central Maryland



January 2024

Risk Spotlight: Emergency Preparedness

Are you and your team ready in the event of an emergency? Take our quiz to find out. Select true or false for each statement below.

1. If I discover a fire, I should activate the fire alarm and call 911
2. During an earthquake, I should run outside and take cover
3. The safest area to shelter during a tornado is near the windows
4. I am not responsible for monitoring the sidewalks for ice
5. Run, hide, fight are the options to take during an armed intrusion
6. The recovery phase for most individuals is within 24 hours
7. Only supervisors can access the Y Emergency Response Plan
8. Chemical hazards are not an issue at the Y
9. All pool areas should be closed during a power outage
10. An incident report should be submitted for any emergency
11. Each Y location should have a signed evacuation location agreement on file (updated annually)
12. All Y associates should take Emergency Preparedness training annually (at a minimum)
13. Y associates should practice emergency drills monthly

How did you do? View the answers on the bottom of this page to find out. The first one to send results to riskmanagement@ymaryland.org will win a prize!

Risk Reduction Recommendations

Preventing Injuries During Play

Data from our recent incident reports indicates that most injuries in youth programs happen during free play. In fact, across the nation, playtime is a common time when injuries happen between youth. Whether youth are pushing, colliding, or throwing items at each other, there are strategies that associates can take to prevent these injuries and stop interactions between youth from escalating and resulting in an injury. Click this [Micro-Learning](#) to learn more.



(information courtesy of The Redwoods Group)

1-3T, 2-F, 3-F, 4-F, 5-T, 6-F, 7-F, 8-F, 9-T, 10-T, 11-T, 12-T, 13-T

Risk Raves and Reviews

We'd like to recognize those associates who have recently demonstrated heroic feats in assisting others:

Felicia Gordon - Campfield Head Start

Tera Gee - Campfield Head Start

Nicolas Patzkowski - Parkville Y

Carol Beecher - Parkville Y

Dakara Bon - Ward Y

Jack Kitchel - Catonsville Y

Lisa Egry - Catonsville Y

Laketa Lance - Ft Worthington Elem

Thank you for your efforts to keep our members, associates and partners safe!

Risk Reminders

Data from our incident reports show that falls are 3 times greater than any other injury source during the winter months (December - March). Let's mitigate the risk of falls by:

- monitoring sidewalks and parking lots for ice and treating each surface as needed
- posting wet floor signs at entrances and in locker rooms as needed
- cleaning up any wet surfaces consistently throughout the day
- adding mats/rugs to absorb water

Risk Resources

Do you need resources to help mitigate risk in your area? Contact us at riskmanagement@ymaryland.org.