



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

THE Y IN CENTRAL MARYLAND  
ANNE ARUNDEL COUNTY • BALTIMORE CITY • BALTIMORE COUNTY • CARROLL COUNTY • HARFORD COUNTY • HOWARD COUNTY

**For Immediate Release**  
**09/25/2023**  
**MEDIA RELEASE**

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**The Y in Central Maryland to Cut Ribbon on its Third Y Fresh Mart Food Pantry in the Region.**

On September 27, the Y in Central Maryland will officially open the doors to its new Y Fresh Mart food pantry to provide support to individuals, families and children experiencing food insecurity in Baltimore County.

Located at the Y family center in Parkville, the Y Fresh Mart will offer community members an extensive range of food items including canned goods, bread, cereal, meat, rice, pasta, fresh produce, and more, at no cost.

“Healthy living begins with reliable access to healthy food and is a cornerstone principle of the Y’s values and mission. The Y Fresh Mart is open to all; you don’t have to be a Y member to access it. We want to help as many people as possible,” comments John Hoey, President & CEO of the Y in Central Maryland.

“From our existing Y Fresh Marts located in the Y in Druid Hill and the Y in Pasadena, to our food distribution efforts throughout our Y Head Start locations and Community School food pantries, we are excited that this new Fresh Mart will help us support more community members to access healthy food,” says Donald Eaddy, Vice President, Strategic Partnerships & Civic Engagement at the Y in Central Maryland.

To date this year, the Y in Central Maryland has provided more than 147,662 meals to children and families in the region.

**A charitable, cause-driven organization working for community well-being.**  
**The Y.™ For a better us.**

Operated by Y volunteers and associates, the Y Fresh Mart in Parkville will be open on Tuesdays, 3pm - 6pm and Saturdays, 10am - 1pm.

The Y Fresh Marts would not be possible without the support of the Maryland Food Bank and McCormick Flavor for Life.

**Event Details:**

Wednesday, September 27, 2023  
11:00am - 12:00pm

The Y in Parkville  
8910 Waltham Woods Rd #2404,  
Parkville, MD 21234  
(410) 663-1300

**About the Y in Central Maryland**

**Our Mission:**

The Y is a charitable organization in Central Maryland dedicated to developing the full potential of every individual through programs that build healthy spirit, mind and body for all.

**Our Commitment:**

At the Y, we are committed to providing family-oriented, affordable, high quality programs.

A cause-driven organization with three areas of vital focus:

- For Youth Development: nurturing the potential of every child and teen
- For Healthy Living: improving our community's health & well-being
- For Social Responsibility: giving back and providing support for our neighbors

The Y is a place for everyone. People of all races, ages, faiths, gender, abilities, backgrounds and incomes are welcome and financial assistance on a sliding scale is available to those who would otherwise be unable to participate.

**Our Values:**

Caring, Honesty, Respect and Responsibility

Visit [ymaryland.org](http://ymaryland.org) for more details