



The Y in Central Maryland

FOR IMMEDIATE RELEASE

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The Y in Central Maryland to Cut Ribbon On Its Second Y Fresh Mart Food Pantry

On August 24, the Y in Central Maryland will officially open its new Y Fresh Mart food pantry to provide support to individuals, families and children experiencing food insecurity in Anne Arundel County.

Located at the Y family center in Pasadena and working in partnership with Caring Cupboard, the Maryland Food Bank and McCormick Flavor for Life, the Y Fresh Mart will offer residents with access to canned goods, bread, cereal, meat, rice, pasta, fresh produce, and more, at no cost. This will be the Y's second food pantry in the region. The first is located at the Y family center in Druid Hill.

"Healthy living begins with reliable access to healthy food and is a cornerstone principle of the Y's values and mission. Since the start of the pandemic, the Y has distributed over 1,163,701 meals to families in Central Maryland. We look forward to working together with our generous partners to continue to help address the vital food needs of the communities we serve" comments John Hoey, President & CEO of the Y in Central Maryland.

A recent study by the Maryland Food Bank found that one-third of Maryland residents (33%) said they have been affected by hunger or food insecurity themselves, a number that has risen significantly from 21% in 2013.

Event Details:

Wednesday, August 24, 11:00am
The Y in Pasadena
26 Magothy Beach Road, MD, 21122

About the Y in Central Maryland

Our Mission:

The Y is a charitable organization in Central Maryland dedicated to developing the full potential of every individual through programs that build healthy spirit, mind and body for all.

Our Commitment:

At the Y, we are committed to providing family-oriented, affordable, high quality programs.

A cause driven organization with three areas of vital focus:

- For Youth Development: nurturing the potential of every child and teen
- For Healthy Living: improving our community's health & well-being
- For Social Responsibility: giving back and providing support for our neighbors

The Y is a place for everyone. People of all races, ages, faiths, gender, abilities, backgrounds and incomes are welcome and financial assistance on a sliding scale is available to those who would otherwise be unable to participate.

Our Values:

Caring, Honesty, Respect, Responsibility

Visit ymaryland.org for more information.