



PACKING LIST FOR Y OVERNIGHT CAMPS

Our summers offer beautiful, sunny days with occasional rain showers and evenings that range from cool and crisp to hot and humid. With that in mind, this list has been created for your camper's comfort and preparedness. We suggest that you send old clothes and items as some items may be lost or damaged. Campers will be outside the majority of the day getting dirty, sweaty, muddy and wet. Be sure to label everything with your child's name. Unscented toiletries are recommended as they attract fewer insects. Please read the prohibited gear list carefully. Campers who bring any listed items may be asked to surrender them to the Camp Team and may face disciplinary action. Parents may retrieve confiscated items at check-out. All medications, prescription or nonprescription, must be submitted to Camp Leadership at check-in.

BASIC GEAR

- Sleep Wear (Pajamas, sweat suit or oversize t-shirt)
- Head Wear (Sun hat with wide brim, bandana or baseball cap)
- Daily change of undergarments
- Foot Wear
 - o Daily change of socks (All camper must wear socks! Recommend 8-10 pairs)
 - o 1 pair of sturdy, closed-toed shoes and/or sneakers for use around camp
- Wet Weather Wear (raincoat or poncho, rain hat and footwear)
- Top Wear
 - o T-shirt (1 per day)
 - o Long-sleeved shirt, sweatshirt, medium weight jacket or long-sleeved fleece for colder nights
- Bottom Wear
 - o Shorts (recommend 7 pairs, 1 per day)
 - o Long pants (jeans, wind pants or sweat pants) for colder nights and hiking (at least 2 pairs)

PERSONAL HYGIENE GEAR

- Sun-block lotion
- Insect repellent
- Bath towels and wash cloths (3 per week)
- Soap in a soapbox or liquid soap
- Toothbrush and toothpaste
- Comb or brush
- Shampoo and Conditioner
- Deodorant
- Chap stick
- Eyeglasses/Contact lenses + extra pair
- Feminine products
- Shower shoes (flip-flops are acceptable at shower time only)

HORSE CAMP AT Y CAMP PUH'TOK

- Boot with a heel
- 4-5 pairs of long pants per week

MISCELLANEOUS GEAR

- Bedding: Pillow, sheets and blankets or sleeping bag
- Laundry bag for dirty clothes (mesh bags are good for air flow, large strong trash bags may also be used)
- Wet bag for wet clothes
- Water bottle (recommended with strap)
- Day Pack (backpack, book/school pack size)
- Sunglasses
- Flashlight or lantern

SPECIAL ACTIVITIES GEAR

- Swimsuit
- Beach towels (2 per week)
- Light colored or white t-shirt for tie-dye

OPTIONAL GEAR

- Travel or small non-electric games (playing cards)
- Tissues
- Reading material
- Disposable camera
- Bath robe
- Stationary, journal or notebook with writing supplies

PROHIBITED GEAR

- × Cell phones
- × Radio, Walkman, iPod
- × Handheld video games (Nintendo DS, PSPs)
- × Matches or candles
- × Weapons of any kind or anything that looks like a weapon (includes toy guns, knives/jack knives or pocket knives)
- × Clothing not appropriate for camp
- × Animals or pets
- × Food, candy or gum*
- × Drugs, alcohol or smoking products

Prohibited items will be confiscated and placed in the Camp Office for parents to pick up at the end of the camp week.

*Y Camp at Camp Puh'tok allows campers to bring snacks and store in a sealed container.