

The Y in Central Maryland  
**Head Start**

- Head Start
- Early Head Start

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Community Report  
2017/18



**Investing in a Stronger Tomorrow.**



The mission of Y Head Start is to provide comprehensive services to children and families to enable them to reach and sustain their fullest potential. Our approach integrates well-being, self-sufficiency and school readiness to narrow the achievement gap.

Dear Friends,

Over the past thirty years, the Y in Central Maryland's Head Start has remained committed to providing a safe place where children can thrive and be assured of equitable access to high-quality education and opportunities. We are proud to be the largest provider of Head Start in Maryland, delivering an exceptional early education to more than 1,800 children and families throughout Baltimore City, Anne Arundel and Baltimore Counties.

With our focus on school readiness, children in Y Head Start are set up for success in school and in life. In fact, the 2018-19 Kindergarten Readiness Assessment reflected that Y Head Start children demonstrated school readiness skills at rate of 6% higher than the Head Start state wide average.

**Over the past year, we furthered some of the important work begun in 2017:**

- Opened the Y Head Start Center at E. Fayette Street in Baltimore City. In partnership with the Living Classrooms Foundation, the Harry and Jeanette Weinberg Foundation and the Office of Head Start, the center was transformed into a state-of-the-art learning center serving 72 children and their families, and is now a flagship early childhood center, exceeding expectations.
- In our second year of implementing the "Perfectly Punctual Campaign," all three Y Head Start regions exceeded 85% attendance for the program year. Perfectly Punctual uses punctuality, positive reinforcement and playfulness to encourage consistent, on-time attendance critical to student success.
- In a continued effort to promote careers in Early Childhood Development and retain Y Head Start Associates, we provided opportunities for Y Associates, Head Start parents and community members to receive the 90-hour Child Care Certification and the Child Development Associate (CDA) credential. In addition to critically needed professional development, this also gives Y Head Start parents in particular, an opportunity to learn more about child development and how it impacts their parent-child relationship.

Recognizing that a child's ability to thrive is dependent on a myriad of interlocking factors, we continue to expand our reach beyond education to provide comprehensive health services supporting dental and physical health, mental health and healthy meals, along with social services, parent engagement, and enrichment opportunities with our network of community partners.

All of this would not be possible without thoughtful collaboration among our parents, community partners, funders, volunteers and talented Y Head Start associates. We are deeply grateful to all for your commitment.

All the best,



Tom Brandt  
Board Chair  
The Y in Central Maryland



John K. Hoey  
President & CEO  
The Y in Central Maryland



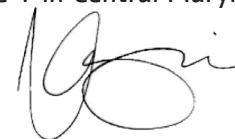
Darrell Van Deussen  
Head Start Advisory Board Chair  
The Y in Central Maryland



Ebony Gardener  
Baltimore City Policy Council



Robert Wilson  
Baltimore County Policy Council



Dana Nicholls  
Anne Arundel County Policy Council

# Services and Program Options

It's our vision to ensure that every child develops the skills and abilities necessary to succeed in school and in life. In order to achieve this, we offer a comprehensive range of services and programs specifically tailored to help children perform to the best of their ability and be fully ready for a successful start to school.

## Y Early Head Start

Y Early Head Start works with families to help prepare very young children in all developmental areas for the transition to Y Head Start and eventually kindergarten. Y Early Head Start offers two options for families; a home-based program for pregnant mothers and children up to three years old, and a center-based program.

## Y Head Start

Y Head Start is for children between three and five years old and is focused on supporting each child's development and school readiness skills. Program components include language and literacy, reading, writing, math, social skills, health and wellness, movement and coordination, art and nutritional awareness. Program options include center-based full- and part-day programming.

### In 2017/18:

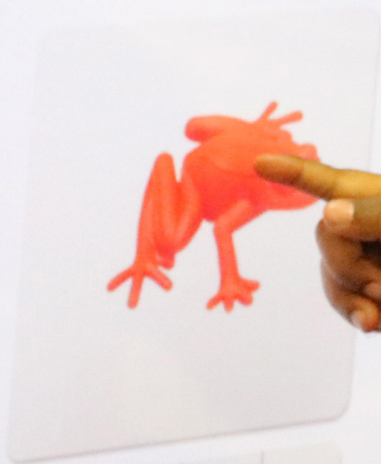
- We provided Y Head Start to 1,809 children in Anne Arundel and Baltimore Counties and Baltimore City.
- We provided Y Early Head Start services to 169 infants, toddlers and pregnant women in Anne Arundel and Baltimore Counties.





## Y Head Start and Early Head Start Service Areas



# Service and Programs

- Y Head Start Offices
- ★ Y Head Start Centers



 Listen	 Look	 Back	 Next
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# Setting Children and Families Up for Success

**Our program focuses on school readiness skills; strengthening a child's ability to enter Kindergarten ready to learn, setting them up for future success in school, and playing a unique role in helping to close the achievement gap.**

Y Head Start and Early Head Start follow research-based curriculum that provide teachers with guided lesson plans. This approach supports individualized learning as well as opportunities to foster each child's educational needs.

- Y Head Start uses the innovative Creative Curriculum and Frog Street Curriculum (math and science supplemental curriculum) which involve individualized lesson plans based on classroom ages and student levels.
- The Y Early Head Start home-based program uses the nationally recognized Partners for a Healthy Baby curriculum which helps expectant and parenting families achieve personal goals and build protective factors for the well-being of their children.
- Social and Emotional Foundations for Early Learning (SEFEL) is a framework that promotes the social and emotional development and school readiness of young children from birth through age eight. Each Y Head Start region has formed a SEFEL team.

- Through supplemental funding from the Harry & Jeanette Weinberg Foundation and PNC Bank, teaching associates and mentor coaches receive support services from a SEFEL coach. SEFEL coaches provide ongoing coaching to teachers and assistant teachers related to SEFEL and pyramid-based teaching practices and classroom environments.
- The Y in Central Maryland has enhanced Head Start connections with community partners by redesigning the scope of our Health, Early Childhood and Family Services Advisory Committees. These Advisory Committees are comprised of parents and partners from our three regions resulting in increased awareness and understanding of resources that are available across central Maryland, as well as a focus on shaping policies. Our work will continue over the next five years to intentionally collaborate with these partners as we develop Effort & Effect Plans to meet program and individual child and family goals.

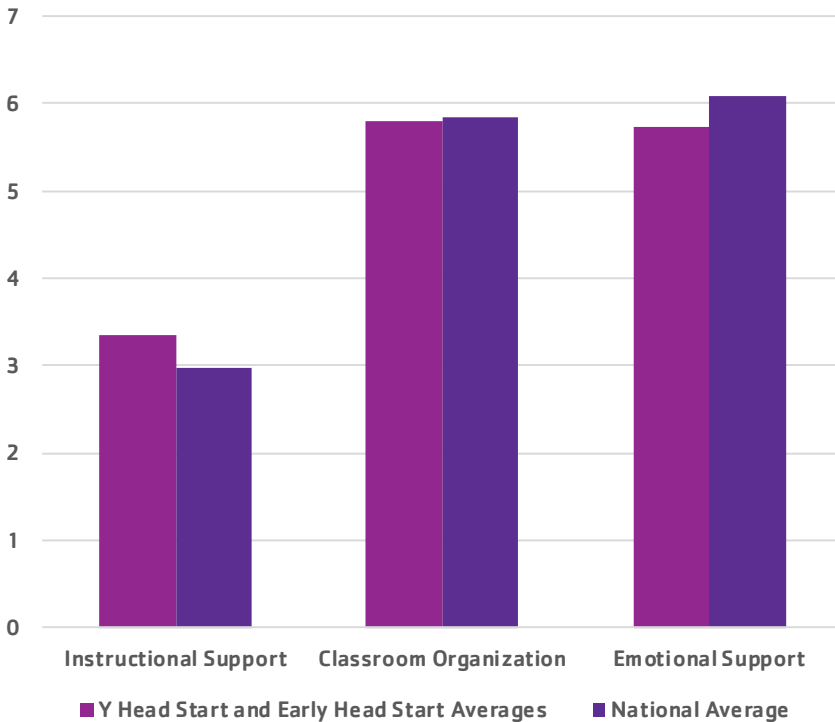


**"Everyone is so friendly and helpful. My daughter has been there for two years and she has learned more than the children I know enrolled in public school. The teachers work well with the children and are very patient. I am very happy and proud to be a Head Start parent."**

**– Y Baltimore County Head Start Parent**

# CLASS™ Assessments

To ensure high quality classrooms, we utilize the Classroom Assessment Scoring System (CLASS™). CLASS™ is an observational instrument developed to measure teacher and child interactions and the emotional and instructional climate of the classroom. We invested in external CLASS™ Observations from, as well as internal CLASS™ Observations from our Early Learning Coaches. The 2017/18 results were used to support professional development plans for teachers, including training opportunities and resources to strengthen teacher and child interactions.



\*CLASS™ assessments were conducted quarterly in all Y Head Start classrooms by certified CLASS™ reliable observers affiliated with LiteBrite.

# Federal Monitoring Events and Results

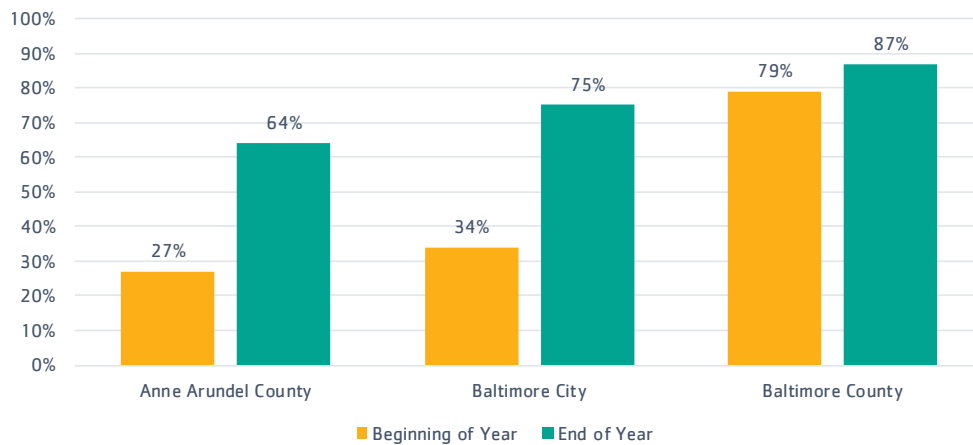
Head Start monitoring reviews are performed and utilized by the Office of Head Start (OHS) to gather data and other information to assess grantee program operations and performance. OHS utilizes the information collected during monitoring reviews to understand the grantee’s approach to program design, services and continuous program improvement. Due to the cycle of the new Head Start Monitoring Protocol tool, no federal reviews were conducted in 2017-18 program year.



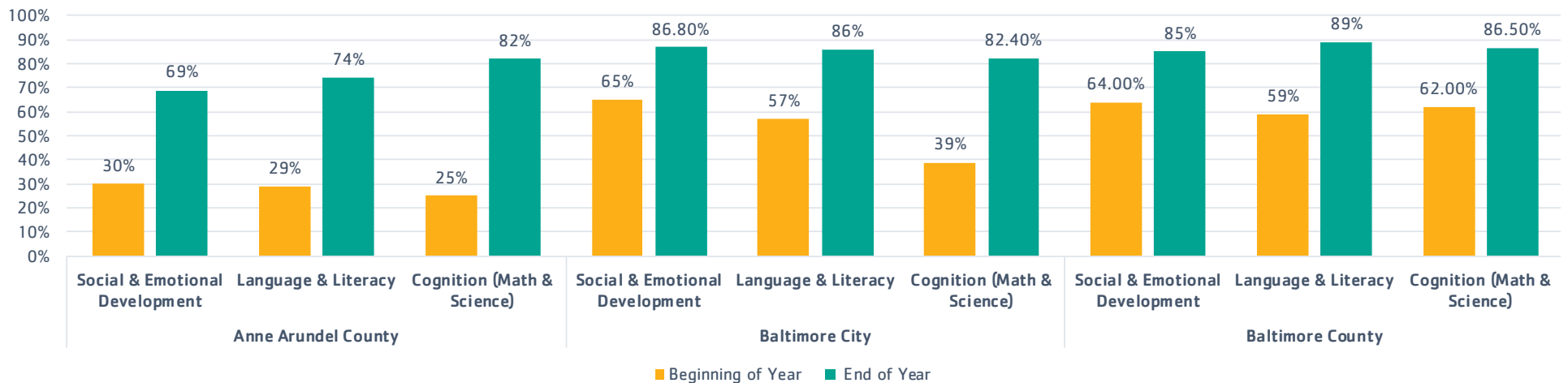
## School Readiness Outcomes

Y Head Start utilizes two child assessment tools to track School Readiness Goals. In Baltimore City, a Work Sampling Assessment is used to conduct ongoing child assessments three times during the school year. In Anne Arundel and Baltimore County Early Head Start & Head Start, the Teaching Strategies GOLD® is used to conduct ongoing child assessments three times during the school year.

**% of three year olds demonstrating proficiency in social & emotional development**



**% of four year olds demonstrating proficiency**





4 *Jungle Safari Ride* 4



# Parent, Family and Community Engagement

Strong partnerships with parents, families and the community play a key role in a child's school readiness and healthy development. The Y Head Start Parent and Family Engagement goal is families will demonstrate progress towards self-sufficiency, as they access family and community resources are active in their child's education to prepare them for success in life.

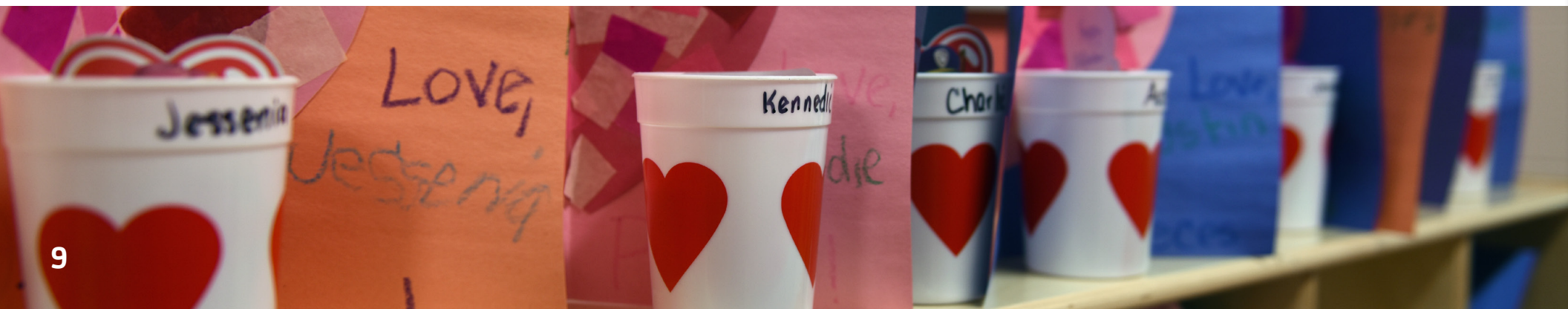
## Parent & Family Engagement

Y Head Start and Early Head Start encourage the role of parents as their child's first and most important teacher. We understand that children benefit the most when all of the adults who care for them work together toward school readiness skills.

- Through a variety of family engagement opportunities, 345 parents volunteered in Baltimore City, 300 parents volunteered in Baltimore County, and 139 parents volunteered in Anne Arundel County. A total of 178 father/male figures participated in program activities, including father-focused activities.
- Parent Orientation is an annual opportunity for parents and guardians to be guided through a 'Journey to School Readiness'. Multiple opportunities are provided prior to the beginning of the school year to help parents learn about how to prepare their child for school, the benefits of regular school attendance, the importance of health and wellness, and their partnership with Y Head Start. The Orientations were a huge success with over 507 parents attending.
- Parent conferences and home visits provide the opportunity to discuss the child's development and learning progress throughout the school year. During home visits, parents begin to discuss and develop learning goals for their child, as well as, discuss their family goals. Parents participate in 3 parent conferences held quarterly and 2 home visits. 100% of parents participate in parent conferences. 98% of parents participate in home visits.
- Policy Council provides Leadership experiences with the important role to assess ongoing program performance and progress in achieving program and school readiness goals and objectives. Members of these councils also sit on our Y Head Start and Early Head Start Advisory Committees.
- We conduct Family Strength Assessments to help develop a program of useful supports for children and families. Based on the results of the family strengths assessment, 85% of families in Baltimore City, 84% of families in Baltimore County and 88% of families in Anne Arundel County developed family goals. 82% of families in Anne Arundel County, 90% in Baltimore City and 84% in Baltimore County demonstrated progress on family goals. 94% of families were aware of resources in their communities and knew how to access them. 65% of families received support services in the areas of family, health or education. The Net Promoter Score demonstrated that 83% of families believe they are in a better place because of Y Head Start.

## Community Engagement

Community partners play a critical role in encouraging children to do their best. Consequently, we work closely with a number of community partners to continuously enhance our program offerings to our Y Head Start families. Y Head Start had 67 volunteers from community agencies and partners. The overall total hours of parent and community volunteers were 20,634 volunteer hours.



**We sincerely thank and acknowledge the valuable contributions made by our partners.**

### **Education**

- Judy Centers
- Enoch Pratt Free Library
- Anne Arundel County Public Library
- Baltimore County Public Libraray
- Reading Foundation of Baltimore
- Kennedy Krieger Institute
- Ready At Five
- Raise a Reader
- InterAct Story Theatre
- The Nature Preschool Irvine Nature
- WestEd (SEFEL Coaches)
- Anne Arundel County Public Library
- Maritime Museum
- Infant and Toddlers/ Child Find
- Read for Health
- Anne Arundel County Public Schools
- Baltimore City Public Schools
- Baltimore County Public Schools
- Abilities Network
- Maryland Therapy Network
- Baltimore City Child Care Resource Center

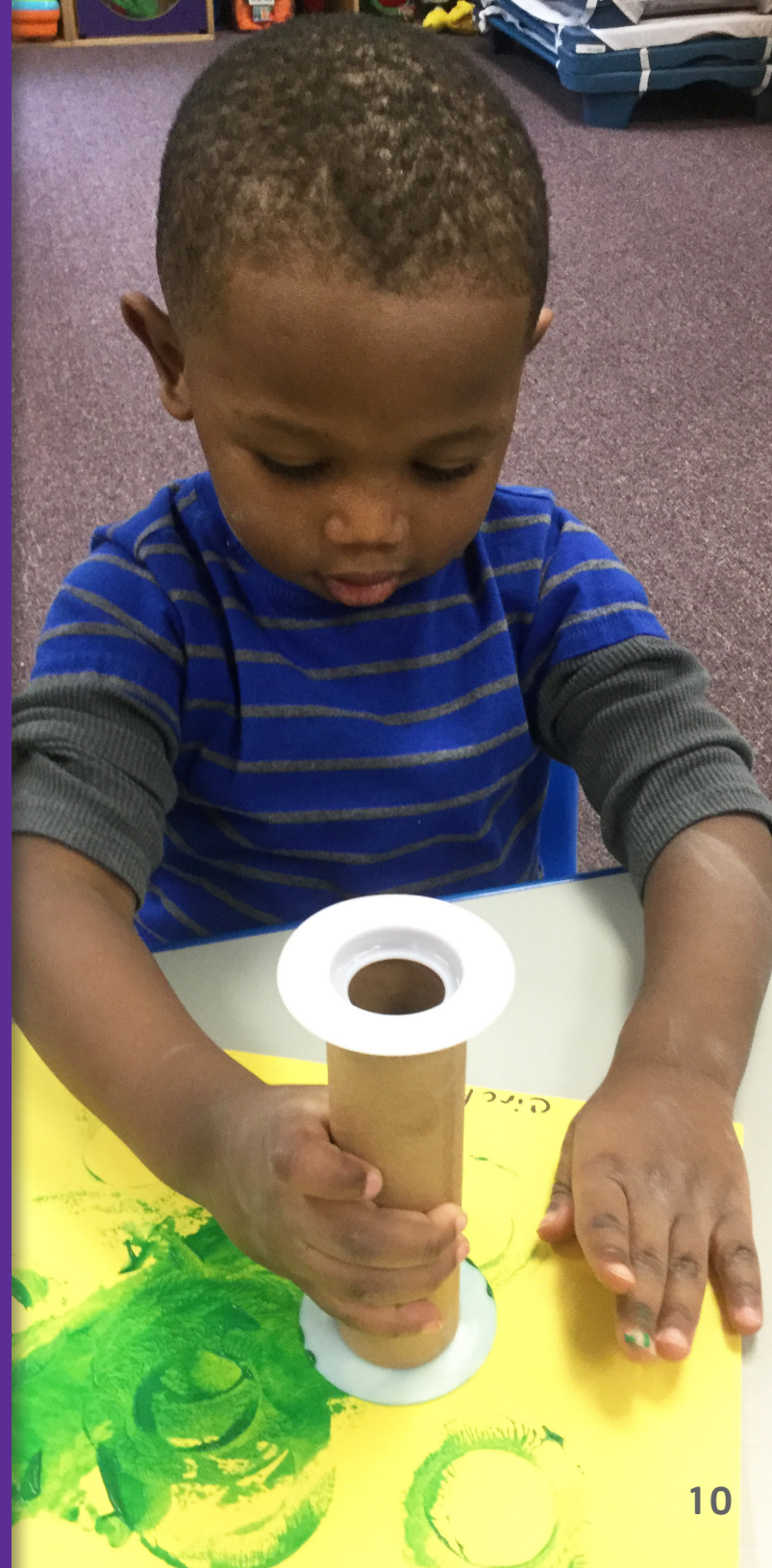
### **Health**

- Expanded Food and Nutrition Education Program (EFNEP)
- Adventure Dental
- MD Physicians Care
- Park West Health System
- Amerigroup
- Baltimore City Health Department
- John Hopkins ABC Asthma
- Green & Healthy Homes Initiative
- Priority Partners
- Hearing & Speech Agency
- Mt. Washington Pediatric Hospital (MWPH)
- The Brancati Center for the Advancement of Community Care John Hopkins
- Potomac Physicians

- Smile Mobile
- Walk the Walk Foundation
- Towson University School of Nursing
- Maryland State Department of Education
- Total Health Care
- Colgate Bright Smiles, Bright Futures
- Maryland Poison Center
- Baltimore Medical Systems
- DHMH-Jane Casper
- Johns Hopkins Adherence Research Center (Asthma Program)
- Kennedy Krieger Institute
- Baltimore County Local Health Disparities
- Maryland Physicians Care
- Maryland Poison Center
- Chase Brexton
- Total Health Care
- United Health Care

### **Family Engagement**

- Living Classrooms Foundation
- Goodwill Industries
- Housing Authority Baltimore City
- Family & Children Services (Foster Grandparent Program)Y in Central Maryland
- The Family Tree
- Maryland Family Network
- Baltimore City Department of Social Services, Office of Education
- Baltimore City Head Start Collaboration Members
- Judy Centers
- Family Support Center
- Anne Arundel County Housing Commission
- Anne Arundel County Community College
- The Stanton Group Inc.Systems of Care
- We Are Parents
- Project Act



**“I like that they are really here for our kids and family. My son has been going for two years and he has learned more than I expected. I really want to thank his teachers; they are excellent! Thank you Y Head Start.”**

**- Baltimore City Head Start Parent**





the Y

Head Start

The Y in Central Maryk

COMING SOON!

YOU

# A Snapshot of Our Capacity, Demographics and Services

	Baltimore County		Baltimore City	Anne Arundel County	
	Y Head Start	Y Early Head Start	Y Head Start	Y Head Start	Y Early Head Start
<b>Cumulative enrolled children</b>	657	107	799	353	58
<b>Cumulative enrolled children with IEP/IFSP</b>	58	17	63	33	1
<b>Children enrolled for multiple years</b>	247	46	188	86	17
<b>Children and pregnant women (EHS) who left the program and did not re-enroll</b>	88	35	126	54	28
<b># Classrooms</b>	34	6	38	19	--
<b># Centers</b>	10	2	18	12	--
<b>Paid associates</b>	165	--	109	61	--
<b>% preschool classroom teachers that meet the degree/ credential requirements of the Head Start Act</b>	97%	100%	100%	100%	--
<b>% preschool classroom teachers that hold a BA Degree or higher</b>	77%	7%	76%	47%	--
<b>% preschool classroom assistant teachers with a child development associate credential or higher</b>	85%	--	97%	100%	--
<b># Parent volunteers</b>	300		345	139	
<b># Father/male figures</b>	85		68	25	

\*Other factors made children categorically eligible



# Performance Indicators Data

	Baltimore County		Baltimore City	Anne Arundel County	
	Y Head Start	Y Early Head Start	Y Head Start	Y Head Start	Y Early Head Start
<b>Funded enrollment</b>	574	78	652	316	40
<b>Average daily attendance</b>	89%	88%	87%	88%	--
<b>Total number of families served</b>	615	80	745	320	50
<b>Racial/Ethnic compositions</b>					
Hispanic	88	86	24	69	7
American Indian or Alaska Native	0	0	1	0	0
Asian	49	5	2	11	4
Black or African American	422	79	745	214	37
Native Hawaiian or Pacific Islander	0	0	0	3	2
White	56	5	3	43	7
Bi-racial	42	12	0	13	1
<b>Children with an IFSP or IEP that received special education or related services</b>	100%	100%	100%	100%	100%
<b>Total # of children completing professional dental exams</b>	623	--	586	204	--
<b>Of the preschool children needing dental treatment, the % of preschool children who received dental treatment</b>	93%	--	100%	63%	--
<b>Children with up-to-date immunizations (at end of enrollment year)</b>	657	102	796	348	51
<b>Children with health insurance (at end of enrollment year)</b>	638	102	796	350	57
<b>Children with a medical home (at end of enrollment year)</b>	657	102	799	352	58
<b>Children with dental at home (at end of enrollment year)</b>	657	102	799	350	55
<b>Children up-to-date on a schedule preventative and primary health care per the state's EPSDT schedule at the end of the enrollment year</b>	571	102	651	261	49
<b>During health screenings, children diagnosed with a chronic condition needing medical treatment, who received medical treatment</b>	64	8	175	20	1
<b>% of children receiving dental exams during enrollment</b>	95%	--	73%	58%	--
<b>% of families, of children identified as underweight, obese, developed an individualized nutrition or healthy living action plan with the Nutritionist and/or Registered Dietician.</b>	95%	--	14%	34%	--

	Baltimore County		Baltimore City	Anne Arundel County	
	Y Head Start	Y Early Head Start	Y Head Start	Y Head Start	Y Early Head Start
<b>% of families who completed a Family Strengths Assessment</b>	84%	84%	85%	88%	83%
<b>% of families who demonstrated progress on Family Partnership Agreement goals.</b>	84%	84%	90%	82%	83%
<b>% of families who received at least one of the family services reported in the PIR</b>	78%	78%	67%	86%	67%
<b>Total # of children living in households below 100% of federal poverty line</b>	88%	89%	72%	82%	93%
<b>Total number of families experiencing homelessness during the enrollment year</b>	20	3	21	22	4
<b>Families experiencing homelessness during the enrollment year that acquired housing during the enrollment year</b>	5	1	1	3	0

\*Other factors made children categorically eligible

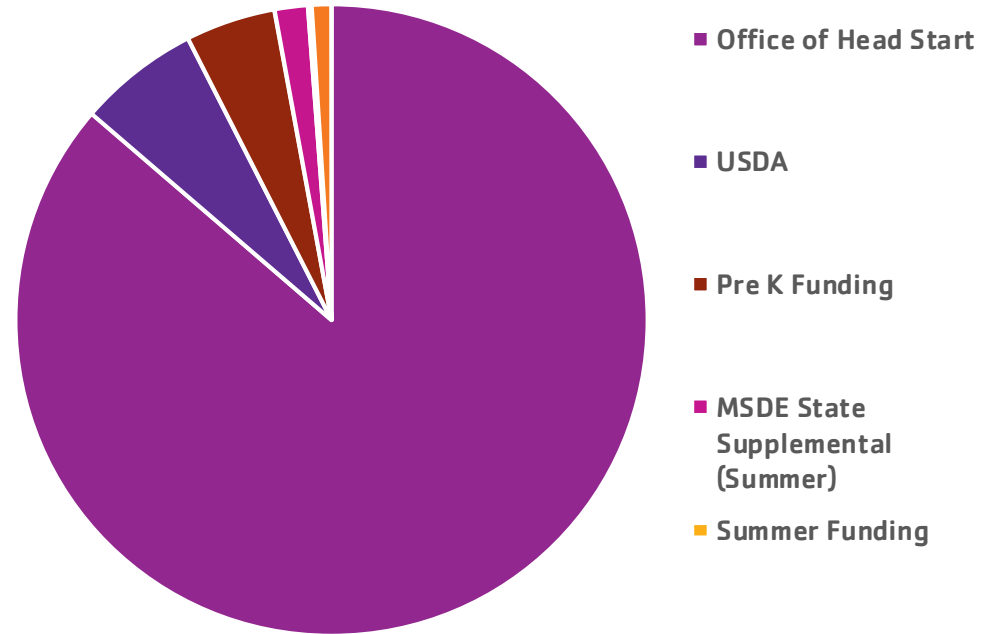




# Financials

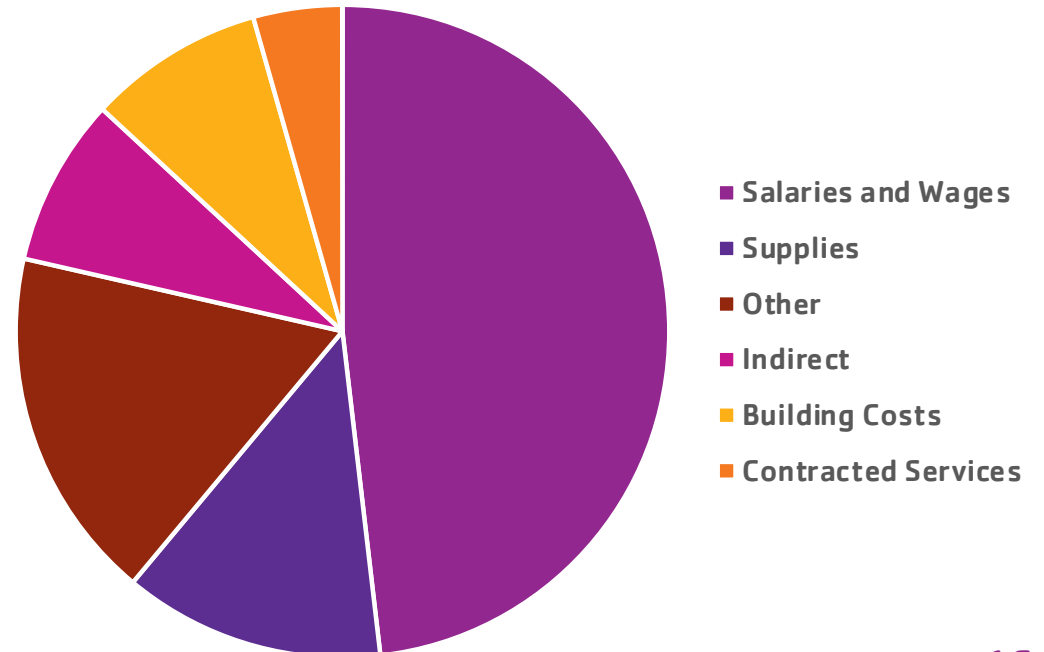
## Y Head Start / Y Early Head Start Income

Office of Head Start .....	\$16,355,128
USDA .....	\$1,166,381
Pre K funding .....	\$862,213
MSDE State Supplemental (Summer) .....	\$314,527
Summer funding .....	\$39,736
Other funding .....	\$194,245
<b>Total .....</b>	<b>\$18,932,230</b>



## Y Head Start / Y Early Head Start Expenditures

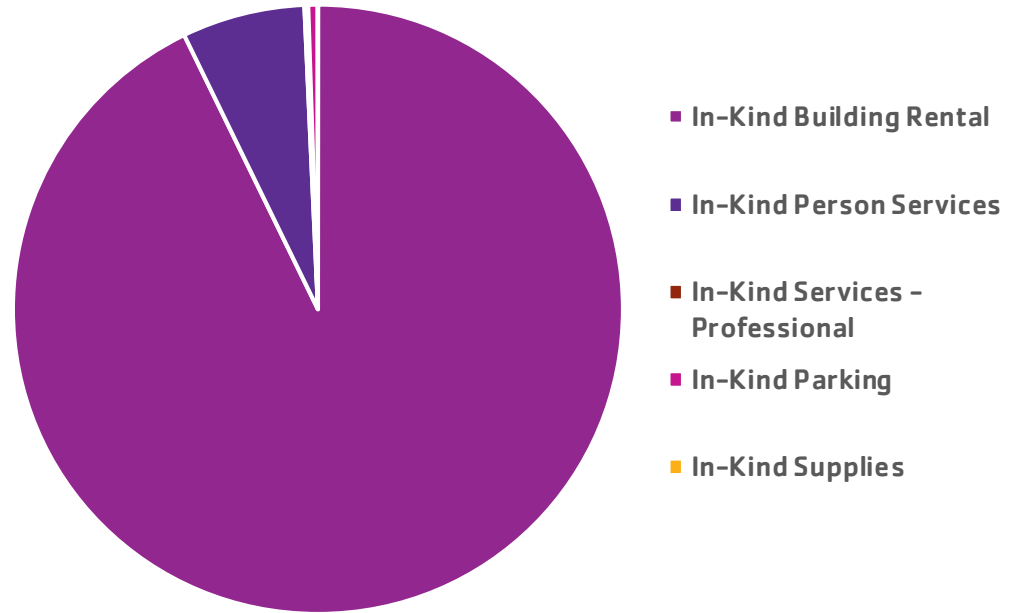
Salaries and wages .....	\$9,112,966
Supplies .....	\$2,432,853
Other .....	\$3,315,666
Indirect .....	\$1,578,946
Building costs .....	\$1,656,277
Contracted services.....	\$835,522
<b>Total .....</b>	<b>\$18,932,230</b>





## Y Head Start / Y Early Head Start In-Kind Donations

In-kind building rental .....	\$4,554,994
In-kind person services .....	\$319,688
In-kind services - professional .....	\$11,148
In-kind parking .....	\$27,224
In-kind supplies .....	\$2,387
<b>Total .....</b>	<b>\$4,915,440</b>





Objective. We created S shaped snakes after reviewing the letter S and its sound.



"S is for Snake"  
3/5/18 -Journai



"I did it"  
3/5/18 -Charlie



"Letter S"  
3/5/18 -Jezenia

## Y Head Start Offices

### Anne Arundel County

26 Magothy Beach Road  
Pasadena, MD 21122

Debra Barrett, Sr. Director of Head Start Operations

### Baltimore County

4375 Ebenezer Road  
Perry Hall, MD 21236

Debra Barrett, Sr. Director of Head Start Operations

### Baltimore City

1201 S. Caton Avenue  
Baltimore, MD 21227

Amy Taylor, Regional Director



The Y in Central Maryland  
Head Start