

PACKING LIST FOR Y OVERNIGHT CAMPS



Our summers offer beautiful, sunny days with occasional rain showers and evenings that range from cool and crisp to hot and humid. With that in mind, this list has been created for your camper's comfort and preparedness. We suggest that you send *old clothes* and items as some items may be lost or damaged. Campers will be outside the majority of the day getting dirty, sweaty, muddy, and wet. Be sure to label everything with your child's name. Unscented toilet articles are recommended as the bugs at camp really enjoy scented soaps and shampoos. Please read prohibited gear list carefully, campers who bring any listed items may be asked to surrender them to the Camp Staff and may face disciplinary action. Parents may retrieve confiscated items at check-out. All medications, prescription or non-prescription, must be submitted to Camp Leadership at check-in.

BASIC GEAR

- Sleep Wear (pajamas, sweat suit or oversize t-shirt)
- Head Wear (Sun hat with wide brim, Bandana or Baseball Cap)
- Daily change of undergarments
- Foot Wear
 - Daily change of socks (All campers must wear socks! recommend 8-10 pairs)
 - 1 pair of Sturdy closed-toed Shoes and/or sneakers for use around camp (no sandals or hee-lies)
 - 1 pair of wet tie-on shoes for water activities (old sneakers that may get ruined)
 - 1 pair of hiking boots or sturdy tennis shoes for hiking
 - 1 pair of shoes for inside cabin use (hard-soled slippers or house shoes)
- Wet Weather Wear (Raincoat or poncho, rain hat and footwear)
- Top Wear
 - T-shirts (**no** sleeveless, tank, spaghetti strap or tube tops, recommend 8)
 - Long-sleeved shirt, sweatshirt, medium weight jacket or long-sleeved fleece for colder nights
- Bottom Wear
 - Shorts (recommend 7 pairs)
 - Long pants for colder nights, hiking or wetland study (Jeans, slacks, wind pants or sweat pants)

PERSONAL HYGIENE GEAR

- Sun-block lotion SPF-15 or higher*
- Insect Repellent*
- Bath Towels and Wash cloths
- Soap in a soapbox or liquid soap
- Toothbrush and toothpaste
- Comb or brush
- Shampoo and Conditioner
- Deodorant*
- Chap stick
- Eyeglasses/Contact Lenses + extra pair
- Feminine Products
- Shower Shoes (flip-flops are acceptable at shower time only)

HORSE CAMP AT Y CAMP PUH'TOK

- Boot with a heel
- 6-8 pairs of long pants

MISCELLANEOUS GEAR

- Bedding: Pillow, Sheets and blankets or Sleeping bag
- Laundry Bag for dirty clothes (mesh bags are good for air flow, large strong trash bags may also be used)
- Wet bag for wet clothes
- Water bottle (recommended with strap)
- Day Pack (backpack, book/school pack size)
- Sunglasses with UV protection
- Flashlight or Lantern

SPECIAL ACTIVITIES GEAR

- Swimsuit (modest cuts appropriate for co-ed camps, 1-piece for females)
- Beach towels
- Light colored or white t-shirt for tie-dye

OPTIONAL GEAR

- Travel or Small non-electronic games (playing cards)
- Kleenex
- Reading material
- Disposable camera
- Hair dryer
- Bath robe
- Stationery, Journal or Notebook with writing supplies
- A book to read

PROHIBITED GEAR

- × Cell phones
- × Radio, walkman, iPod
- × Handheld Video Games (Nintendo DS, PSPs)
- × Matches or Candles
- × Weapons of any kind or anything that looks like a weapon (includes toy guns, knives/jack knives or pocket knives)
- × Food, candy or gum
- × *Aerosol, Spray or Pressurized Cans
- × Laser pointers
- × Clothing not appropriate for camp
- × Animals or Pets
- × Drugs, Alcohol or Smoking Products

Prohibited items will be confiscated and placed in the Camp Office for parents to pick up at the end of the camp week.