

Dear friends.

Just as varied spices and ingredients combine to make a flavorful stew, 2012 was year of diverse influences and milestones — all blending together to affirm our role as a catalyst for meaningful community conversation, connections and important work that improve lives.

Think of it. In the span of just twelve months this single organization:

- » Hosted CNN commentator Donna Brazile who spoke on "Inspiring Civility in the National Political Discourse," as a part of our Annual Tribute to Dr. Martin Luther King, Jr
- » Convened a panel discussion about narrowing the achievement gap with distinguished education experts:
 - Dr. Andres Alonso, CEO, Baltimore City Schools
 - Dr. David Andrews, Dean, Johns Hopkins School of Education
 - Gary Huggins, CEO, National Summer Learning Association
 - Lisa Kane, Sr. Program Manager, Annie E. Casey Foundation
- » Raised \$1.1 million dollars to help 657 struggling families send their children to a Y Journeys pre-school, summer camp or before and after school enrichment program
- » Motivated 6,000 women, men and children (and a few dogs!) to exercise and bond with neighbors on a crisp Thanksgiving morning for our Annual 5k Turkey Trot fundraising event
- » Expanded our Catonsville and Walter and Betty Ward Family Center Ys and broke ground on the total redevelopment of the Towson Family Center Y
- » Received our third consecutive grant from CareFirst BlueCross BlueShield to deliver our Fit N Fun childhood obesity initiative across all Y Journeys for Youth Development programs reaching thousands of children and youth
- » Guided 87% of 572 preschoolers in our Baltimore County Head Start program to achieve school readiness scores ahead of all preschoolers in the state regardless of income, for the fourth year in a row
- » Was named one of 25 "Best Places to Work" by Baltimore Magazine

A big part of what makes all these efforts so rewarding (and to continue the stew analogy, warming and fulfilling) is the fact that none of this would be possible without the talent, time, passion and expertise of a veritable army of volunteers and staff who are deeply committed to our cause.

To all of them and all of you, and behalf of the almost 150,000 children, men and women we serve, we say thank you!

All the best,

John K. Hoey President & CEO Jim McGill Board Chair



Closing Gaps

The Achievement Gap

Our 2012 Annual Meeting took the form of a panel discussion about the challenges we face in closing

the significant academic achievement gap between children in poor and predominantly minority communi-

ties and all other children. This was a fascinating discussion about the ways the Y

and other community partners can work together more seamlessly

toward the shared objective of helping all young people,

regardless of income or race, receive the educational

experience they need and deserve to succeed in a

highly competitive global economy.

Y CEO John Hoey moderated a panel on the achievement gap with, from left to right: Lisa Kane, Sr. Program Manager, Annie E.Casey Foundation; Dr. Andres Alonso, CEO, Baltimore City Schools; Gary Huggins, CEO, National Summer Learning Association; and Dr. David Andrews, Dean, Johns Hopkins School of Education (and Y board member).



Creating

Pathways

to Compete

in the Global

Marketplace

Thanks to support from the Office of Naval Research, Northrop Grumman and Transamerica, over 1,200 Y kids across Central Maryland have participated in **Y STEM** programs, over 60% of whom are girls and minority students, traditionally under-represented in STEM careers.



Rising 1st and 2nd graders spent the summer in our Y Readers Program.



Strengthening

Fundamentals

Our **Y Readers** program, a pilot program funded by Y-USA in collaboration with The Johns Hopkins School of Education, worked with 32 low income first and second graders at the East Baltimore Community School this past summer—all of whom tested below grade level

for reading proficiency.
Our program focuses on reading, writing, phonics and enrichment activities like art, music, PE and field trips.

Initial data from this first pilot shows a 4-7 month gain in reading and vocabulary skills.



Giving Shape and Focus to the Aspirations

of Homeless

Youth

75 young people enrolled this past summer in our New Horizons II summer camp for homeless youth got the tools and resources

needed to navigate their way out of homelessness. Key curriculum components include resume writing, interviewing skills, workplace etiquette, college prep and financial literacy, along with paid internships learning real world work skills, habits and expectations.

We're grateful to our funders,
Baltimore City Public Schools,
the Mayor's Office of
Employment Development, the
Abell Foundation and
the Weinberg Foundation
for making this vitally
important work possible.

Teaching One Game, Learning a

Multitude of Skills for Life

By learning and playing chess, youth develop critical thinking skills and increase mental prowess. In a Texas study, elementary school age students showed twice the improvement of non-chess players in reading and mathematics between 3rd and 5th grades. In 2012, 70 Baltimore City students

participated in **Y chess clubs**. Students receive chess instruction, develop skills through play and test their chess prowess at tournaments.



Y Achievers Chess Teams compete at City Hall in our All-Star Chess Tournament, hosted by City Council President Bernard "Jack" Young.

Preparing Young Children to Succeed in School and in Life

Across 21 Y Journeys **Preschool and Head Start** sites, we're helping prepare young children to succeed in kindergarten by starting school ready to learn. By way of example, 87% of Y Head Start children in Baltimore County exceed school readiness scores for all children across the state. regardless of income, and have done so for four years in a row. In 2012, children enrolled in our traditional preschools performed above the state average for readiness in all academic areas.

Keeping Bodies

and Minds

Active When

School's Out;

Returning to

School Ready

to Learn.

Y Journeys Summer Camps

help children grow socially, emotionally, mentally and physically by providing challenging, engaging activities. While fun and safety are immediate concerns, our larger purpose is to help ensure that children continue to learn throughout the summer and return to school in the fall well-prepared to re-engage and thrive. In 2012, over 4,000 campers from across Central Maryland participated, 348 of whom were only able to attend due to individual charitable gifts and grant support.







Youth Development Leadership

Donna Wilson

Association Board Volunteer, Chair, Youth Asset Development Committee SVP Strategic Planning and Communications, Injured Workers Insurance Fund

Why the Y?

I do this because the Y helped me raise my daughter, who turned out fabulous and is now an ordained Episcopal priest.

I also have a real passion for childhood development. All my life I thought I would be a social worker. When I graduated, I went to pursue my life's work and found out the things I wanted to do were outrageously difficult because the system is not designed to help the disadvantaged.

Then, I wanted to impact at the systemic level. I am really interested in childhood development, which is where it all starts—the framework, support, guidance; it is what the Y is about.

The Y is my avocation in life.

If you think about the broader role the Y serves in the community, why does the Y matter?

First, there are 50 million women like me trying to juggle a multitude of responsibilities and want a place where they are comfortable their child can go and be exposed to the same principles and values and systems as theirs.

Educationally it helps fill a void so children can be involved in supplemental programs to augment and learn outside the classroom. It is a wonderful opportunity and we can set the stage for what the Y can do nationally.

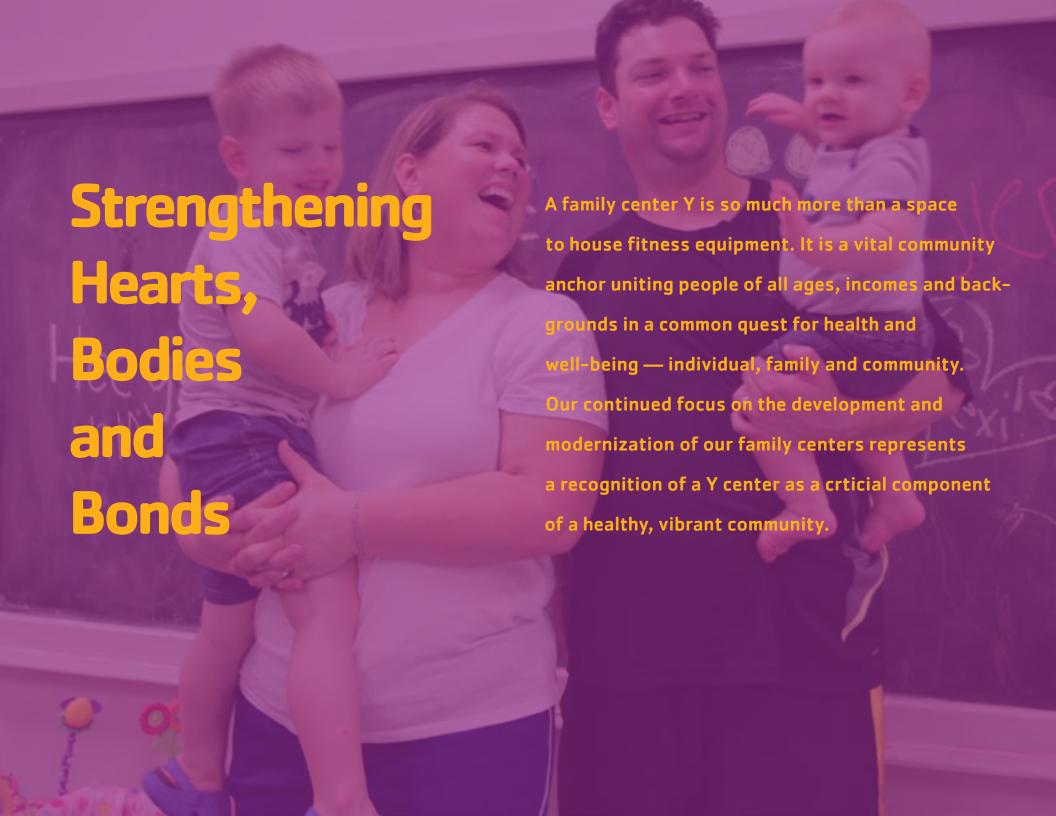
What has your experience been like as a board volunteer?

Every time I go on another board, I tell them, "you want engagement, let me tell you what they do at the Y! The Y does the smartest thing, they take key strategies and the board members work with staff to make something happen." This binds you to the Y and makes all the difference.

How would you convince someone to support the Y or become involved?

It's easy to say what the Y wants to do in the community; to make an impact, come to the Y or be a community volunteer. Resources are put to good use, and it makes it easy to attract people to the Y.

What kind of impact does the Youth Asset Development Committee, which you chair, have? If we get it right, it's wonderful.



Expansion of the

Walter and Betty Ward

Family Center Y in Harford County

In 2012, the Y of Central Maryland completed the expansion of the Walter and Betty Ward Family Center Y which includes a swim center with two pools, a family fun room, an indoor cycle room, boys and girls lockers and more exercise space. All together the expansion added approximately 19,000 square feet to the existing 29,000 square foot Family Center.



On hand to cut the ribbon were, left to right: Suzanne Green, Center Director; Mrs. Betty Ward of the Walter and Better Ward family, for whom the center is named; Jerry Marquez, Harford County Communty Advisory Board Chair; and John K. Hoey, President and CEO, Y of Central Maryland.





More fun!



Expansion and Renovation of

the Catonsville Family Center Y

The Y of Central Maryland and The Shelter Group, a developer of senior living communities, agreed to redevelop the Y's Catonsville site into an integrated health and well being campus to house a renovated and expanded Family Center Y as well as a Brightview Senior Living Residence.

The project accomplishes a phased redevelopment, including the addition of vitally needed program, community and wellness space. Phase one was completed in 2012. This is a true partnership where close proximity and complementary missions will create myriad opportunities for the development of innovative senior health as well as inter-generational activities and programs.

The next phase of construction is slated to begin in mid 2013 and is expected to be complete roughly one year later.

Redevelopment of the Towson Family Center Y

On a brisk December day, we officially broke ground on the construction of the new Towson Family Center Y. Upon completion (expected in late 2013), this new, state-of-the-art Y will be the first LEED certified Y in the state and will house two pools, a climbing wall, gymnasium, fitness center, comfortable lobby complete with fireplace and health bar, multiple new areas for exercise and family bonding, along with green space for recreation and leisure.



Health and Well-being Starts at Home

Our strategic plan, "A Healthy Y for a Healthier Central Maryland: Vision 2015," calls for us to be "an employer of choice with an exceptional culture." A staff driven employee wellness initiative is one way we are

working to achieve that. Begun in 2012, this initiative includes a staff newsletter, "Yfi," along with a soccer league, staff triathlon, hikes and employee health fair.

Maybe this is one reason we were named by *Baltimore Magazine* as one of the 25

"Best Places to Work in

Baltimore" this past year.

Meet the world-famous OPERA DIVA Locations 303 W. Chesaprake Ave., Towsor (afficed; wellness centers at many other locations. Employees: 2,143. What they du: They're the largest provider of health and wellness services in the state, spending 11 family centers, as well as the state's largest provider of educion programs, including preschool and Head Start programs. The Y wise operates 30 summer camps, over 50 before: and after-school programs, and offers mentoring and scholarship programs. Why we like them: Want to broaden your horizons EMPLOYLES and get post, too? Employees can take a three! course in virtually anything at the Y. Best benefits Health Insurance, 403th Safeharbor retirement savings plan with 8 percen BY KEN KLERARY Y contribution for all employees, free Y membership, dependent-care assistance. and professional development programs.

A Long Term Plan to Address an Epidemic

In 2008 we were awarded a multi-year grant from CareFirst
BlueCross BlueShield to develop a pilot childhood obesity
prevention program, **Fit N Fun**. Today, with a total investment
by CareFirst of nearly \$1.3 million and several years of
solid results behind us, we are rolling out the program in all
Y Journeys sites as a core curriculum component impacting
thousands of children annually.

A Life-Changing Challenge

Our **Y Fitness Challenge** deploys diet, exercise and group support to help people achieve lifestyle changes to become and stay healthy.

Says a recent participant:

"After my 4th child was born, I kept planning on losing weight.

After two unsuccessful years, I realized I couldn't do it without some accountability, so I signed up for Y Fitness Challenge...

In a couple of weeks I should be jogging for 30 minutes straight. I don't think I've ever run that long in my entire life!"













Healthy Living Leadership

Bruce Cleland

Volunteer Community Advisory Board Member, Towson Family Center Y Retired Vice Chair, Campbell & Co., Inc.

Why the Y?

I have had a long affiliation with the Y, starting back to when I was about six years old, in a little town called Petone in New Zealand. The Y there was a very modest one, but I went there every day after school and participated in gymnastics.

The Y is my place of choice to work out and I love the spirit and the sense of community. It's one of the few institutions that brings people of diverse backgrounds and all socio-economic circumstances together.

There is a little motto on the door that says, "Please give if you can. Ask for help if you need it." This is such a great message for people who care about their community and it's how I try to look at life.

On a personal level, I have had some health-related challenges but I've always enjoyed coming back to the Y to get healthy again, both physically and spiritually. I try to train every day and I often get asked "Why the Y?"

The truth is that I have tried other places but they lack the spirit and just don't compare to the Y.

Regarding the plans for the new center, what excites you the most?

The old facilities are full of character but they are also very tired. The new Towson Y says a lot about the Y as an institution and its determination to be modern and competitive. I also love the fact that we made a serious commitment to being "green." The new facility has earned a LEED "Silver" certification for sustainable design, which is really something. This will be a wonderful teaching tool for generations of our younger members.

You've been a member of the Towson Community Advisory Board for about 15 years! Considering the fact that it's taken such a long time to bring the new center to fruition, why didn't you leave?

There were difficult and frustrating times for sure, but I never thought of abandoning it. The frustration should never have been directed elsewhere and rightly belonged with ourselves. We needed to find ways to make it happen, and eventually we did! The loyalty and commitment of the Towson Board over the last two decades has been quite extraordinary.

I'm so happy it's now all coming to fruition and everybody involved should feel very proud. As the new buildings take shape, enthusiasm from the existing membership is really high and when the new center is opened and occupied we might be overwhelmed with demand for new memberships, but that's a great problem to have!

CNN Commentator, author and presidential campaign manager Donna Brazile was guest speaker at our 37th annual tribute to Dr. Martin Luther King, Jr.



Fostering Civility

We were honored to have Donna Brazile as our guest for our annual tribute to Dr. Martin Luther King, Jr. Her speech, "Inspiring Civility in the National Political Discourse," reminded us that in spite of our differences, or, as she said, "whatever team we may be on," we are all one. Echoing Dr. King, she said "civility is understanding that you can learn how to disagree without being disagreeable," and linked

our mission of inclusiveness and opportunity to

The "Singing Sensations" performance.

those same ideals.



Youth and Government participant Dan Gorski is congratulated by Maryland's Lt. Governor, Anthony G. Brown.

Hands on Leadership Experience

Every year **Y Youth and Government** brings together about 200 young leaders from high schools across the

state to learn about and practice the art of democracy. Weeks of preparation helps these young people to write, propose, debate and vote on their own bills. In a three day culminating event in the State House in Annapolis, representatives are elected and democracy, debate and respectful leadership are demonstrated.



High school students from across Maryland participate in Y Youth and Government, practicing the art of debate and democracy.

Building Futures

Y Building Futures Mentoring matches adult volunteer mentors with children in need of the presence of a caring, responsible adult in their lives. Mentors and mentees do homework, play games, exercise, talk and bond in ways that create consistency and stability. The Y of Central Maryland is one of five Y associations in the U.S. to receive this grant. Y Building Futures is now in its third year of operation, with over 800 successful matches.





6,000 adults
and children
joined our
Annual
Turkey Trot
Thanksgiving
morning in one
of four 5k races
across Central
Maryland.

Enjoying a Fun Holiday Tradition

6,000 runners, walkers, strollers and even a few dogs joined our **Annual Turkey Trot** Thanksgiving morning raising money to help struggling families afford a Y Journeys preschool education for their children. What better way to raise critically needed funds while also making room for the big meal and enjoying the camaraderie of friends, family and neighbors along the way? All tolled, over \$100,000 was raised for the cause.

Making Lasting Family Memories

Providing a broad range of opportunities for families is core to our mission and our work to achieve that is never done. In 2012, with the help of our volunteers, we conducted extensive qualitative and quantitative research with parents and kids to learn how we can

do a better job of meeting their needs. A key learning was that families want more unstructured and loosely structured activities to do together (and sometimes apart) at our family centers.

The development of a very special series of fun, free family events at the Y was part of a multi-faceted response. "Family Luau," "Mother's Day Tea," "Father Daughter Dance," are a few examples.



For the Mother's Day Tea, hundreds of little girls and their moms gathered to enjoy the time honored tradition of tea time! Girls and moms enjoyed tea, lemonade, finger sandwiches, cookies and muffins, had story time, planted flowers, decorated picture frames and made appropriately fancy hats!

Socially Responsible Leadership Jim McGill

Association Board Chair, 2010–2013

Retired SVP, Finance and Adminstration, Johns Hopkins University

You have been a long time Board member for the Y of Central Maryland; how and why did you choose the Y?

When I was asked to join the Board I became hooked at the initial request and my passion increased exponentially over time.

Looking from the perspective of social equity, children in the bottom quartile of family income have about a 14% chance of finishing college; the gap is huge compared to the top quartile. My core passion is programming for kids and families. My primary driver is what the Y does for children.

If you had to convince a friend to support the Y, why would you tell them to spend time or give money?

From the perspective of asking to donate, it goes back to "this is a service organization." There are a lot of special things about the Y. By giving, you will help some children who, because of financial status, wouldn't be able to attend these programs. You will be helping them to mature to productive, contributive, happy adults. The Y is an important facilitator of success in the children they touch.

Why have you done this and what have you gotten out of this experience personally?

No one would turn down the opportunity to be in a leadership position on the Board with the Y of Central Maryland. It is satisfying to work closely with John (Hoey) and the staff and with the fabulous people on our diverse board.

Looking back on the last three years, what is the accomplishment you are most proud of for the Y and personally?

For the Y, evolution. When I first came on the board, the organization was

like a very important airplane with engine trouble. In the first six months, John did a brilliant analysis and laid out a plan to get the engines running at full throttle and the plane climbing.

There have been two very very big areas of importance:

1. Getting the banking relationship squared away. John and Sherrie (Rovnan) negotiated a relationship with Columbia Bank and got the bank up to speed and supporting the Y, allowing us to accomplish more.

2. Getting several centers redeveloped has positioned us to do what we need to do to help more people. To get a center in Anne Arundel County is now at the top of our agenda.





"I'm so inspired by the Y Fitness Challenge. I ran one straight mile for the first time in 39 years. My legs ached, but my head felt great."



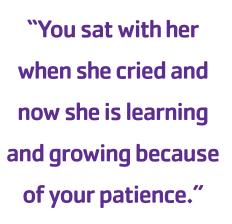


















COMMUNITY IMPACT

FOR YOUTH DEVELOPMENT • In 2012, together we:

- Helped 49,499 children learn and grown through participation in quality preschool programs, camps, before and after school enrichment, sports and exercise
- Gave **657** kids the financial assistance their families needed to assure they could take part in many healthy, safe and fun Y programs all year long
- Taught 6,576 kids to enjoy the water safely
- Provided 2,695 children and youth from under-served neighborhoods the opportunity to enjoy a safe, emotionally nurturing and intellectually challenging learning environment
- Helped 87% of the 572 young children in our Baltimore County Head Start program to test as fully school ready. This is ahead of all young children tested in the state, regardless of income.

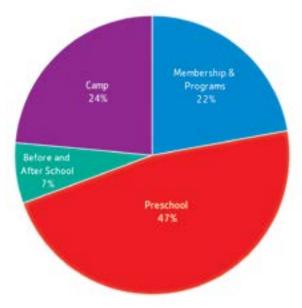
FOR HEALTHY LIVING • In 2012, together we:

- Enabled **117,660** people of all ages, backgrounds and faiths to exercise and stay fit in spirit, mind and body
- Coached 3,821 kids in the fundamentals of sports and fair play
- United 20,898 senior adults in their quest to stay physically and socially active and engaged
- Raised funds so that 1,516 people in our community could enjoy
 Y membership who otherwise would not be able to

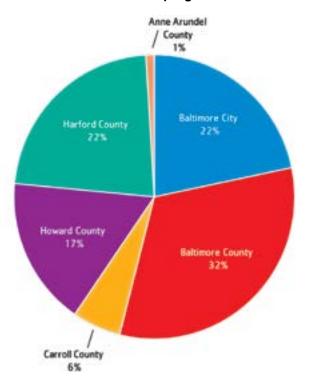
FOR SOCIAL RESPONSIBILITY • In 2012, together we:

- Raised \$1.1 million to give financial help to others in our community who needed it
- Secured over **\$12 million** in grant funding to responsibly run multiple programs for at-risk children, youth and families
- Helped **3,352** at-risk children and youth become less vulnerable and more ready to succeed in school and life.
- Matched 300 mentors and mentees
- ullet Benefited from the generosity and goodwill of 1,375 amazing volunteers

Where Does the Financial Assistance Go By Program?



Where Does the Financial Assistance Go By Region?



Y of Central Maryland Statement of Financial Performance

	Audited 2011	Audited 2012
PUBLIC SUPPORT		
Contributions	\$4,443,366	\$3,742,404
Grants	<u>12,182,047</u>	<u>12,267568</u>
TOTAL SUPPORT FROM PUBLIC	\$16,625,413	\$16,009,972
MEMBERSHIP AND ACTIVITIES		
Membership Fees	\$19,650,787	\$21,123,807
Program Fees	<u> 10,859,507</u>	<u>11,191,297</u>
Total Membership and Activities	\$30,510,294	\$32,315,104
Other Revenue	<u>(476,431)</u>	<u>(24,925)</u>
TOTAL REVENUE	<u>\$46,659,276</u>	<u>\$48,300,151</u>
EXPENSES		
Program Expenses	\$36,920,681	\$36,421,096
Supporting Services	6,237,330	6,518,206
Interest and Financing Costs	<u>878,365</u>	<u>1,425,025</u>
TOTAL CASH EXPENSES	\$44,036,376	\$44,364,327
Depreciation / Amortization	<u>2,594,718</u>	<u>2,944,598</u>
TOTAL EXPENSES	<u>\$46,631,094</u>	<u>\$47,308,925</u>

Association Board

James T. McGill (Chair), Johns Hopkins University (Retired)* Bonnie Phipps (Vice Chair), St. Agnes Health System* Leigh T. Howe (Treasurer), Windsor Healthcare Equities, LLC* Robert Zentz (Secretary), Laureate Education*

Kevin Anderson, University of Maryland Dr. David Andrews, School of Education, Johns Hopkins University Thomas M. Brandt, Jr., TeleCommunication Systems, Inc. Jonathan T. Brice, Baltimore City Public Schools James Cash, Baltimore County Head Start Policy Council Chair Alan C. Cason, McGuireWoods, LLP Gregory A. Cross, Venable, Baetjer and Howard, LLP Brian Dembeck, Johns Hopkins Real Estate David Dukehart, Merrill Lynch* Chester P. Godrick, PricewaterhouseCoopers LLP Dr. Dennis Golladay, Harford Community College John K. Hoey (Ex-Officio), Y of Central Maryland Mohannad Jishi, M&T Bank Steven Koren, Koren Development Co., Inc. Sharon Lacy, Dinnertime.com Rafael Lopez, The Annie E. Casey Foundation Steven J. Margolis, CareFirst BlueCross BlueShield Matthew B. Martin, PNC Bank Julie Mercer, American Red Cross, Central Maryland Chapter Tom Mooney, O'Conor & Mooney Realtors Kenneth V. Moreland, T. Rowe Price Associates, Inc.* Janese Murray, Exelon* Creig Northrop, The Creig Northrop Team - Long & Foster Real Estate, Inc. Vincent Oakley, Northrop Grumman Perry P. Savoy, Peristyle, LLC Leslie Simmons, Carroll Hospital Center Dwight S. Taylor, Corporate Office Properties Trust (Retired)

Emeritus

Harry Thomasian, Jr., Ernst & Young LLP

Donna C. Wilson, Injured Workers' Insurance Fund*

*Member of the Executive Committee

L. John Pearson, Baltimore Life Companies (Retired) Geraldine Young, Community Volunteer

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THANK YOU

A SPECIAL MESSAGE OF THANKS TO JIM MCGILL, OUR ASSOCIATION BOARD CHAIR AND INSPIRING LEADER

Dear Jim,

For the past nine years, you've given selflessly of your time, wise guidance, treasure and expertise: first as an Association Board member and then for the past three years as our Board Chair—and for much of the time you were also serving in your day job as CFO of Johns Hopkins University.

As volunteers and staff, we are united in our respect for you and appreciative of your immense contributions. You have kept your eye firmly on what matters, fighting hard to protect the most vulnerable in our community and helping to make the Y a stronger and more viable organization now and into the future.

We are deeply grateful for your leadership and generosity. The Central Maryland children, families and individuals we serve are better off because of your leadership, as are we.

With humility and gratitude,

The volunteers and staff of the Y of Central Maryland























