If you think we’re just a pool, look deeper.
Scottish poet Robert Burns said “Look around through Nature’s range. Nature’s mighty law is change.” When he said that, he must have had this past year at the Y of Central Maryland in mind! Think of it. This year our leadership changed, blending both seasoned Y professionals with newcomers from the private sector. Our highly decentralized branch system gave way to a more customer-centric, one Y structure. The structure and focus of our volunteer boards shifted from branch oversight to community building, outreach and philanthropy. We began to change our approach to philanthropy with a more unified emphasis on our mission and impact, and our marketing became more defined, strategic and visible!

All these many changes serve one, very singular purpose: the advancement of our core mission, which, in spite of what Robert Burns said, will never change!

The Y exists to strengthen our community. We do that in countless ways. The scholarships we give to help children and adults enjoy our many programs strengthen not only those individuals, but also our entire community. Our dedication to Head Start and Urban Services serves us all by bolstering those most at risk. Our preschools, before and after school and camp programs enrich thousands of children while allowing their parents to work knowing their kids are well cared for, properly challenged and nurtured. Our health and wellness centers, classes and programs generate a cycle of confidence and success that greatly surpasses the cumulative total of pounds lost or muscles toned.

The Y of Central Maryland is all about relationships. We are well known for fostering the relationship between a healthy spirit, mind and body. But we are also about the relationship of one person to another; the relationship between a solid start in life, and a lifetime of success; the relationship between the strength of a single soul, and the vibrancy of an entire community.

This is the ecosystem of health that is both our honor and mandate to serve.

Join us. Whether as a volunteer, participant, donor or team member, your participation really matters here. It goes deeper than any single isolated act because each contribution to the Y relates to and uplifts our entire community.

The Y of Central Maryland. It’s deeper here.

With appreciation,

John K. Hoey
President & CEO

Julie Mercer
Board Chair
“I never knew what healthy felt like and now I know. It feels a whole lot better.”

Steve Robinson, member
• We help roughly 150,000 lives a year get stronger in spirit, mind and body.

• Last year, 7,775 babies, toddlers and children were nurtured, challenged and protected in Y child care and camps.

Our Reach Is Deep
Spirit, mind and body wellness. Sounds good, doesn’t it? But what exactly does it mean? What does it look and feel like? Flip through any fitness magazine and you’ll see these words again and again. Spas, resorts, clubs – virtually every aspect of the fitness industry is using this language and practicing at least one piece of the total package.

“We’re way more than an exercise class. We’re a great support for each other.”

Mary Schwing, member

The Y pioneered many staples of the health and wellness industry today, but we welcome and applaud every provider from every part of society who contributes to creating a healthier, stronger community. That’s because our mission propels us beyond our four walls and won’t let us slow down. Our job, our very reason for being, is to continually seek, support, develop and implement the best possible ways to feed the cycle of success and personal accomplishment that is holistic spirit, mind and body wellness.

“That’s what it’s all about for us. Whether a support group cleverly disguised as a dance class, a state-of-the-art health and wellness center that is equal parts continuing education, social club, therapy and gym, or the opportunity to genuinely help change a life, we are doing it at the Y of Central Maryland. These are some of the magical ingredients that make up our own special formula for success.

Spirit, mind and body wellness. It’s a phrase that isn’t easy to define. But once you’re a part of it, it’s a feeling and a connection that holds you for life.

“5:30 a.m. the cross trainer, then spinning class, the treadmill for 40 minutes, then floor exercises and the pool for 45 minutes. It makes you healthy, keeps you going, it’s my life in the morning….”

Sue Harmon, age 77, member

Whether in preschool, Head Start, before and after school programs, in sports or camping, thousands of children throughout Central Maryland are touched by the Y. As the largest provider of child care in the state, we have an enormous responsibility, commitment and opportunity that we intend not to squander. Recognizing and seizing the opportunity to positively influence lives from the very start is one of the ways we fulfill our obligation to help build a stronger, more intellectually, physically and emotionally fit community. It’s a duty that starts with the youngest and most vulnerable among us and never stops.

“I take them to Y child care on campus. It’s been real nice to walk over at lunch. I’m afraid to say it, but I almost think they get more out of coming here than they would at home.”

Christopher Swan, PhD
Parent, Y Preschool at UMBC
• Last year we helped 1,200 kids from under-served neighborhoods beat the odds.

• We helped 900 children, 90% of whom live at or below the poverty level, get a head start on school.

• We helped 4,000 kids have a summer camp experience to remember.

• We allocated over $11 million to provide a YMCA experience for people who could not afford it.
Community building. It’s another one of those phrases that sounds good but is easy to bypass. This is what the Y of Central Maryland does every day in a very real sense. We bring together young and old from every walk of life. We help realize dreams. In some cases, we help instill dreams never thought possible and then help make them happen.

There are plenty of wonderful organizations to support who ask for your heart, your mind and your treasure. By connecting to the Y of Central Maryland, you are participating in a truly unusual organization that has the power to change lives on a scale that can affect not just single lives (though we do), but can strengthen the backbone of entire communities.

We live in the wealthiest state in the nation. The challenge is that a great deal of human service need still exits. The opportunity, of course, is ours to make the wealthiest state also the healthiest. We can do this.

Join us.

“Once you get to them (young people) and they trust you, you’ve got them for life.”

Gregory Branch, Pro Baseball Scout
Urban Services Volunteer

“I actually saw, through Youth and Government, how my community was and how I can respect other people’s views. I have learned how to make the community better. Now I want to be a politician thanks to the Y. My dream? Possibly Governor or US Senator.”

James Torrence, Y of Central Maryland
Youth & Government participant
Board Member Geraldine Young

From left to right: Board Members Tom Crawford, Gary Foss, and Scott Cousino

From left to right: Board Members Rich Zink and Jerry Marquez

Donations $250 and Above

1st Mariner Bank
ABBIA Remodeling
Aberdeen Proving Grounds Federal Credit Union
Able & Sabir Corporation
A Cleaning Service, Inc.
Derrick A. Adams
Christine Ader-Soto
Advanced Moisture Protection
Advanced Vacuum Company, Inc.
Advertising.com, Inc.
Agnos Alexander
A.J. Properties, Inc.
Alex Brown & Sons Charitable Foundation, Inc.
Alegis Group Foundation
Allen & Sharif Corporation
All Points Media, LLC
Anne Almond
Arnold Amass
John Amer
The American Legion Post 22
American Psych Systems, Inc.
Brian Amstutz
Amzych-Lisa, Limited
Michele L. Anderson
Monica L. Anderson
Walter E. Anderson
Joseph Andrichak
Annihilators Inc. of Maryland
Aparasal Resources, Inc.
APS Healthcare/Altron, Inc.
ARINC
Arocco-Vending
Anna Aquisi-Edwards
Arcus Ascend-One
Arundel Cooling Heating Co
Gary Ash
Associated Building Maintenance
Assurance Investment Group, LLC
Atlantic Corporate Interiors
Atlantic Door Control
ATR Property Management Co., Inc.

Kim Auker
Yvonne C. Bailey
Nancy R. Bainbridge
Glenn S. Bair
Ruth Bair
Sarah Baker
James D. Bell
Baltimore City College
Baltimore Community Foundation
Baltimore Life Insurance Co.
Baltimore Orioles Baseball Club
Baltimore Ravens
Baltimore-Washington Financial Advisors
Bank Annapolis
Bank of America
Bank of Hanover
Louise Z. Barber
Robert M. Barre
Bare Truck Center
R. Wayne Barnes
Andrew Barrow
Battlechief
Baumgardner’s
Bay Country Land Company
Bay State Chiropractic
BB&T
B.C.R.S. K-9 Mold Detection
B-Dry Systems of Baltimore, Inc.
Anthony Beddax
Kevin R. Bell
Nancy H. Berger
Berman Goldman & Ribakow LLP
BPFL International
Mike Billingslea
Jill K. Black
Black & Decker
Bldges, Inc.
Henry and Ruth Baustein Foundation
J. Mark Blue
Blue Jay Electric, Inc.
Lois and Irving Blum Foundation
Bob Evans Farms, Inc.
Carroll A. Bank
Carroll County Business Professionals
Carroll County Foods
Carroll County Times
Carroll Cross Trucking
Carroll Hospital Center
Alan Cason
Victoria Carfoss
Carfoss Brothers Company Inc.
Bradley S. Chambers
Chambers Chambers
Dearst E. Chandler
Carrie Chen-McLaughlin
Chesapeake Pools, Inc.
Cheapeake Title Company
Erik Check
Chilis Landscape CONTRACTORS, INC.
Dawn M. Chrostyl
Kathrine Chrostyl
Peter Chung
Mark R. Cissell
Citizens National Bank
John Clarke
Robert D. Clark
CleanNet USA, Inc.
Clearview Landscapes
Bruce Cline
Edward Cline
Joan D. Doley
Colliers Pinkard
George J. Collins
Kevin B. Collins
Donna W. Colver
Columbia Commercial Interiors, Inc.
Comcast Cable Communications
Community Built Playgrounds
Compu-Team Services
Kathleen S. Conley
Constellation Energy Group, Inc.
Robert L Conway
Carroll Cooper
Corporate Office Properties, LP
J. Brian Costanzi
Harry G. Coulier
Carroll for Professional Recognition
Scott R. Cousino
Gregory A. Cross
Frank R. Cutko
Cubes International, Inc.
Maran D. Daniel
Kenneth S. Danquer
Bruce D’Anthony
John and Marsha G. Davenport
David Library, Inc.
David S. Lerner Insurance Agency
David’s Westminster, Inc.
Matthew Day
DCS, LLC
Decanter Fine Wines
Elizabeth Dellow
Deutsche Bank-Alex Brown
Sara Dickmeyer
Diversified Investments Associates
DILA Piping & Welding
Gray Cary US LLP
Brian & Nancy A. Donnelly
Dome Chartering and Trading Corp.
DOPS, Inc.
Dorothy & Henry Rosenberg Jr Foundation
Jennifer Dotzenrod
Douglas Lawn & Landscape
Antoine Dow
Pam Duffy
David J. Dukehart
Joseph Durham
E&S Construction Engineers, Inc.
East Coast Electric, Inc.
EBA Engineering, Inc.
Kurt Eckhardt
Edison Electric Company Inc
Edwards Industries, LLC
Matthew Egeli
Elmore B. Jeffery Trust
Clinton C. Einsch
Engle Homes - Baltimore Division
English American Tailoring
Cindy Ensey
Cheryl Evans
Evapco, Inc.
Excel Janitorial, Inc.
Executive Soundboard, LTD
ezstorage Corporation
Fasang Engineers
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Karen M. Farley
James C. Farrell
Patricia A. Feeler
Thomas K. Ferguson
Joan Fernandez
Ferre, Baker & Watts
Fiber Products Industrial, Inc.
Fidelity Investments
Janice Finkelstein
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Fletcher Funeral Home
Los Flowers
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Forbes Chaplains Fund
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Gary Foss
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Constance French
Cynthia J. Frieder
David Fries
John Frye
Valentino P. Fugoso
Mark Furst
Richard Gallo
John Gambasse
David Gaudette
Barbara Gauhan
Joan Giesman
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Michael W. Gill
Mark Gillett
Gill, Simpson, Inc.
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John B. Grunten
Christine M. Gossler
Scott Graham
Mold J. Grannam
Melanie Graw
Gaybar Electric Company
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Brady P. Green
Grenita L. Green
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Michael Grier
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Herald M. Grisol
Groundbreaking Property Management Inc.
Gym Source
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Nancy L. Hackett
Hale’s of Westminster
Haight Funeral Home
Stacy P. Hallet
Hamel Commercial, Inc.

From left to right: Board Members Tom Crawford, Gary Foss, and Scott Cousino

From left to right: Board Members Rich Zink and Jerry Marquez

Annual Giving
From left to right: Board Members Peter Floeckher and Lynn Rill

Joseph M. Stella
Caroline Steilmann
Betty C. Sterner
Safel, Nicolaus & Company, Inc.
Rick St. John
Charles Stoner
Mary Stong
Stong Brothers
Allen R. Stott
Strouse Corporation
Tracey M. Stuart-Paul
David Stubbs
Sturgil & Associates LLP
SunTrust Bank, Midtown Branch
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William C. Taylor
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Ryan M. Trexler
Timmy Baptist Church
Triple A Cleaning Service
Carol Tria
Judy Tulip

Left – Colleen Daye, Harford County Volunteer Award Recipient with her father

Michael F. Walters
Craig A. Ward
Weverty Improvement Association, Inc.
Wayson Land Holdings, L.P.
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Brad Webb
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Jim Welker
Westminster Glass & Mirror, Inc.
Westminster Union Bank
Whalen Properties
Wheaton Bankers Trust & Loan L.P.
Stanley P. Whitman
Stace E. Wilbourne
Judy Wiley
The William Foundation
Wiener Cutter Pickering
Bran Wolfe
Woodhaven Building & Development, Inc.

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Stephen Yasinow
Don Yeager
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C. Douglas York
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Mr. & Mrs. Herbert & Rudus Davis
Mike & Linda DeLuca
Ron & Audrey Dierks
Mark Elibsener
Wealth & Jim Fick

Renovation and expansion of Ellicott City Center. Phase one is scheduled to open in Winter of ’08 as the Dancel Family Center. When fully complete, this center will occupy 60,000 sq ft.

Peter & Jeanne Flockecker
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Raymond C. Thomas
Tanja L. Thomas
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Carol Tria
Judy Tulip

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Bran Wolfe
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Tim Schwoerer
Mic & Shari Sellner
Jack & Marlene Shakes
Mrs. Barbara Simmons
Ken Smith
Jim & Barb Sturms
Charles Tilden
Mr. & Mrs. Bob Travas
T. Rowe Price Associates
# Financial Summary 2006–2007

## PUBLIC SUPPORT & REVENUE

<table>
<thead>
<tr>
<th></th>
<th>Audited March 31, 2006</th>
<th>Audited March 31, 2007</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Public Support</strong></td>
<td></td>
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</tr>
<tr>
<td>Contributions</td>
<td>$943,211</td>
<td>$1,192,221</td>
</tr>
<tr>
<td>Contributions (In-Kind)</td>
<td>1,596,986</td>
<td>1,289,479</td>
</tr>
<tr>
<td>Capital Campaign</td>
<td>406,929</td>
<td>930,142</td>
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<tr>
<td>Grants</td>
<td>8,913,940</td>
<td>10,116,037</td>
</tr>
<tr>
<td>United Way subsidy</td>
<td>315,659</td>
<td>286,995</td>
</tr>
<tr>
<td><strong>Total Support from Public</strong></td>
<td>$12,176,725</td>
<td>$13,814,874</td>
</tr>
<tr>
<td><strong>Membership and Activities</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Membership Fees</td>
<td>8,625,622</td>
<td>8,719,208</td>
</tr>
<tr>
<td>Program Fees</td>
<td>12,224,682</td>
<td>12,829,268</td>
</tr>
<tr>
<td><strong>Total Memberships and Activities</strong></td>
<td>$20,850,304</td>
<td>$21,548,476</td>
</tr>
<tr>
<td><strong>Investment and Rental Income</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Income from investments</td>
<td>$7,075,768</td>
<td>$455,581</td>
</tr>
<tr>
<td>Rental income</td>
<td>159,043</td>
<td>128,532</td>
</tr>
<tr>
<td><strong>Total Investment and Rental Income</strong></td>
<td>$7,234,811</td>
<td>$584,113</td>
</tr>
<tr>
<td><strong>Miscellaneous Income</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>$71,839</td>
<td>$47,607</td>
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<tr>
<td><strong>Total Revenues</strong></td>
<td>$40,333,679</td>
<td>$35,995,070</td>
</tr>
</tbody>
</table>

## EXPENSES

<p>| | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Program Expenses</td>
<td>$27,206,313</td>
<td>$28,740,607</td>
</tr>
<tr>
<td>Supporting Services</td>
<td>5,945,129</td>
<td>6,085,599</td>
</tr>
<tr>
<td><strong>Total Expenses</strong></td>
<td>$33,151,442</td>
<td>$34,826,206</td>
</tr>
</tbody>
</table>
Association Leadership 2006-2007

Board of Directors

Chair..............................Julie Mercer
                     Columbia Consulting Group
Vice Chair..............James T. McGill, Ph.D.
                   Johns Hopkins University
Vice Chair...............L. John Pearson
                   The Baltimore Life Companies
Treasurer............Scott Cousino
                   Stifel, Nicolaus & Co., Inc
Secretary...............Michael R. Murphy
                   Hilb, Rogal, & Hamilton Company

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John Clarke, Community Volunteer
Thomas Crawford, Provident Bank
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Chester Godrick, PricewaterhouseCoopers, LLP
Martin K. P. Hill, Hill Development Group, LLC
John K. Hoey, Y of Central Maryland
Robert A. Kavetsky, Energetics Technology Center
David Lerer, State Farm
Andrew Malis, MGH Advertising
Gerald Marquez, Smith Barney

Y Senior Leadership Team

President & CEO.........................John K. Hoey
Chief Operating Officer..............Robert J. Brosmer
Chief Marketing Officer...............Sara Milstein
Chief Human Resources Officer.......Marjorie Ripalda
Chief Philanthropy Officer............Jeff Sprinkle
Chief Financial Officer...............Joseph Stella
V.P. of Childcare & Family Services..Chris Ader Soto
V.P. of Business Development.........Michelle Becote-Jackson
V.P. of Sports & Camping...............Nancy Donnelly
V.P. of Health & Wellness............Troy Weaver

Our Mission

The Y of Central Maryland is a human service organization dedicated to developing the full potential of every individual through programs that build healthy spirit, mind and body for all.

Every dollar you contribute goes towards giving Y experiences to families, kids, and individuals who couldn't otherwise afford them. Give if you can. Ask for help if you need it. Y scholarships are one reason it's deeper here. To give, go to www.ymaryland.org.