

At the Y, we understand that before children can be great athletes, they need to be great at the fundamentals. That's where we fit in — shaping tomorrow's athletes today. We build skills. We build character. We have fun! Y youth sports are run under the Y sports philosophy which is based on seven principles:

- Everyone plays
- Safety first
- Fair play
- Positive completion
- Family involvement
- Sport for all
- Sport for fun

Youth Sports

Basketball Skills (14356)

(01) Sat Ages 7 – 13 yrs 11:00am – 12:00pm Weinberg Gym
 (02) Sat Ages 7 – 13 yrs 1:00 – 2:00pm Weinberg Gym

Bitty Basketball (14328)

(01) Sat Ages 4 – 6 yrs 10:00 – 10:45am Weinberg Gym
 (02) Sat Ages 4 – 6 yrs 12:00 – 12:45pm Weinberg Gym

Football Skills (14357)

(01) Sat Ages 7 – 12 yrs 2:00 – 3:00pm Weinberg Gym/Ripken Field

Kinder Kicks (14324)

(02) Tue Ages 3 – 4 yrs 6:00 – 6:45pm Weinberg Gym
 (02) Sat Ages 3 – 4 yrs 10:00 – 10:45am Weinberg Gym/Ripken Field

Little Lacrosse (14329)

(01) Sat Ages 4 – 6 yrs 2:00 – 2:45pm Weinberg Gym/Ripken Field

Miniastics (14451)

(01) Mon Ages 4 – 6 yrs 5:00 – 5:45pm Aerobic Studio
 (02) Sat Ages 4 – 6 yrs 9:00 – 9:45am Aerobic Studio

Pee Wee Passers (14322)

(01) Sat Ages 5 – 6 yrs 1:00 – 2:00pm Weinberg Gym/Ripken Field

Soccer Skills (14355)

(01) Sat Ages 5 – 6 yrs 11:00am – 12:00pm Weinberg Gym/Ripken Field
 (01) Sat Ages 7 – 13 yrs 12:00 – 1:00pm Weinberg Gym/Ripken Field

Tumble Bee's (02258)

(01) Sat Ages 2 – 3 yrs 12:30 - 1:15pm Aerobic Studio

Youth Sports Fees

Member: \$45 Youth Member: \$55 Open Rate: \$78

Additional Programs:

Sports Mix (14321)

(01) Wed Ages 4 – 6 yrs 6:00 – 7:00pm Weinberg Gym/Ripken Field
 (02) Wed Ages 7 – 12 yrs 7:00 – 8:00pm Weinberg Gym/Ripken Field
 Fee: Member: \$20 Youth Member: \$28 Open Rate: \$35

The youth sports classes are for 7 weeks per session with the 8th week as a make up. Only instructor cancelled programs can be made up-no individual make ups.

Individual Sports Instruction (14301)

Ages 6 – 18 yrs
 (01) By appointment.
 Skills classes are designed for participants ages 6 and up. Classes include but are not limited to, soccer, basketball, lacrosse, baseball, softball and football. Individual sports instruction may be available based on the skills and experience of our staff.

Youth/Teen Leagues

Youth Lacrosse League (14382)

Ages 6 – 14 yrs
Opening Day Saturday March 3
 Boys and girls will be placed on separate teams according to age. Players will cover fundamentals such as cradling, passing, catching and scooping. Experienced players will cover advanced skills, position play and team concepts. Team jerseys will be provided. Travel is required for away games. Preseason runs 3/3/12 – 4/1/12 with practices on Saturday and Sunday from 2:00 - 4:00pm. Games begin the first week of April and practices switch to Tuesday and Thursday from 6-8pm. Players are responsible for referee fees.
 (01) Sat & Sun 2:00 – 4:00pm Ripken Field
 Tue & Thur 6:00 – 8:00pm Ripken Field
 Member: \$55 Youth Member: \$70 Open Rate: \$98

Volunteers need for the Youth Lacrosse League. We have an opportunity for everyone volunteer to coach, be a team parent or assist as gameday staff!

Open House

Join us for our **Sports Open House February 25, 10:00am – 2:00pm**. The Open House will feature a sampling of our most popular classes for kids ranging from 2 – 12 years old. Both parents and kids will have an opportunity to try a new class for free! Plus get \$5 off when you register for any sports class during the Open House!

University of Maryland Sports Clinics
 April 29th.
 Bring your kids out to get a taste of all your favorite sports and some you may've never tried. Hosted by the University of Maryland Athletic Department. Call 410-889-9622 for more information.



Youth Sports

Basketball Skills (14328)

Ages 7 - 13 yrs

Basketball Skills is a coed class that will help kids enhance their fundamentals such as ball control, dribbling, shooting, passing and court positioning. Kids will learn through fun activities and game play. This class will also prepare kids for league play.

Bitty Basketball (14328)

Ages 4 - 6 yrs

Bitty Basketball is an introductory coed class to basketball. Classes within the session will cover dribbling, shooting, passing. Kids will learn through fun activities and game play.

Football Skills (14357)

Ages 7 - 12 yrs

Football Skills is a class that will help kids enhance their fundamentals such as ball control, passing, catching, kicking and field positioning. Kids will learn through fun activities and game play. This class will also prepare kids for league play.

Kinder Kicks (14324)

Ages 4 - 6 yrs

Kinder Kicks is an introductory coed class to soccer. Classes within the session will cover dribbling, shooting, passing. Kids will learn through fun activities and game play.

Little Lacrosse (14329)

Ages 4 - 6 yrs

Little Lax is an introductory coed class to lacrosse. Classes within the session will cover universal skills such as cradling, passing, scooping and shooting. Boys and girls will further develop the skills that can be applied to boy's lacrosse or girl's lacrosse through fun activities and game play.

Miniastics (14451)

Ages 4 - 6 yrs

Miniastics is a coed class is designed for children to develop their skills in a non-parent participation class. Children will further expand their gymnastics, listening and learning skills by the use of an obstacle course and exposure to age appropriate gymnastics equipment will be used to improve motor skills, balance and coordination.

Pee Wee Passers (14322)

Ages 5 - 6 yrs

Pee Wee Passers is an introduction to football. This coed class will cover hiking, passing, catching, and kicking. Kids will learn fundamental skills through fun activities and game play.

Soccer Skills (14355)

Ages 5 - 13 yrs

Soccer Skills is coed class that will help kids enhance their fundamentals such as ball control, dribbling, shooting and passing and field positioning. Kids will learn through fun activities and game play. This class will also prepare kids for league play.

Sports Mix (14321)

Ages 5 - 13 yrs

This coed class is designed to introduce kids to a variety of sports games including but not limited to, soccer, basketball, lacrosse, baseball and football. Kids will learn skills through fun activities and game play.

Tumble Bees (02258)

Ages 2 - 3 yrs

Tumble Bee's is a fun coed class with parent participation. Strong emphasis on socialization skills, motor skills, listening and group involvement. This is an instructor led class organized around weekly skills. An introduction to taking turns, class order and sequence are highlighted in this class. Awareness is developed through the use of obstacle courses and other equipment.

Youth Leagues

Non-Competitive Sport

A class, clinic, or league where participant can engage in sports without feeling the pressure that may accompany some programs; scores and standings are not kept and awards are given to all participants. Above all, non-competitive sports build self-esteem, confidence, and promote team work.

Adult Sports

The Y offers a variety of sporting option for adults. Check the sports schedule to see what is available.