



Youth Sports

Programs located at the Walter & Betty Ward Family Center.

Basketball Skills (14356)

(51)	Mon	7 – 12 yrs	7:00 – 8:00pm
(01)	Thur	3 – 6 yrs	11:00am – 12:00pm

Fitnastics (14456)

(02)	Sat	7 – 12 yrs	11:00 – 11:45am
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Football Skills (14357)

(80)	Sat	7 – 12 yrs	1:00 – 2:00pm
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Gym Games (14320)

(50)	Thur	3 – 6 yrs	10:00 – 11:00am
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Home School P.E. (14103)

(20)	Wed	7 – 12 yrs	12:00 – 2:00pm
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Kinder Kicks (14324)

(01)	Mon	3 – 6 yrs	6:00 – 7:00pm
(02)	Tue	3 – 6 yrs	10:00 – 11:00am
(03)	Sat	3 – 6 yrs	11:00am – 12:00pm

Miniastics (14451)

(02)	Sat	4 – 6 yrs	10:00 – 10:45am
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Soccer Skills (14355)

(23)	Sat	7 – 12 yrs	12:00 – 1:00pm
(20)	Tue	7 – 12 yrs	6:00 – 7:00pm

Sports Mix (14321)

(02)	Tue	2 – 3 yrs	11:00am - 12:00pm
(03)	Mon	3 – 6 yrs	10:00 - 11:00am
(04)	Tue	3 – 6 yrs	6:00 - 7:00pm
(05)	Sat	3 – 6 yrs	10:00 - 11:00am
(06)	Wed	3 – 6 yrs	10:00 - 11:00am
((07)	Sat	7 – 12 yrs	2:00 – 3:00pm

Youth Leagues

Youth Floor Hockey League (14540)

(7 weeks)

(01)	Thur	7 – 12 yrs	6:00 – 7:00pm
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Member Rate: \$40 Youth Member Rate: \$50 Open Rate: \$60

Teen Co-ed Volleyball (14401)

(8 weeks)

(02)	Mon	13 – 17 yrs	7:00 – 8:30pm
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Member Rate: \$25 Youth Member Rate: \$35 Open Rate: \$45

Adult Leagues

Adult Co-ed Volleyball (14401)

(8 weeks)

(01)	Mon	18 yrs & up	8:30 – 10:00pm
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Member Rate: \$25 Open Rate: \$45

Youth Sports Fees

Member: \$40	Youth Member: \$55	Open Rate: \$80
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Youth Sports

Basketball Skills (14356)

Ages 7 – 12 yrs

Basketball Skills is a coed class that will help kids enhance their fundamentals such as ball control, dribbling, shooting, passing and court positioning. Kids will learn through fun activities and game play. This class will also prepare kids for league play.

Fitnastics (14456)

Ages 7 – 12 yrs

Fitnastics is a coed class designed to let participants begin to explore introductory movements. Appropriate gymnastics equipment will be used to improve balance, coordination and strength.

Football Skills (14357)

Ages 7 – 12 yrs

Football Skills is a class that will help kids enhance their fundamentals such as ball control, passing, catching, kicking and field positioning. Kids will learn through fun activities and game play. This class will also prepare kids for league play.

Gym Games (14320)

Ages 3 – 6 yrs

This pre-school aged class will introduce participants to a variety of activities and games that will help them prepare for kindergarten gym.

Homeschool P.E. (14103)

Ages 6 – 11 yrs

The Y provides a physical education program to children who are not enrolled in the public school system

Kinder Kicks (14324)

Ages 3 – 6 yrs

Kinder Kicks is an introductory coed class to soccer. Classes within the session will cover dribbling, shooting, passing. Kids will learn through fun activities and game play.

Miniastics (14451)

Ages 4 – 6 yrs

Miniastics is a coed class is designed for children to develop their skills in a non-parent participation class. Children will further expand their gymnastics, listening and learning skills by the use of an obstacle course and exposure to age appropriate gymnastics equipment will be used to improve motor skills, balance and coordination.

Soccer Skills (14355)

Ages 7 – 12 yrs

Soccer Skills is coed class that will help kids enhance their fundamentals such as ball control, dribbling, shooting and passing and field positioning. Kids will learn through fun activities and game play. This class will also prepare kids for league play.

Sports Mix Classes (14321)

Ages 2 – 12 yrs

This coed class is designed to introduce kids to a variety of sports games including but not limited to, soccer, basketball, lacrosse, baseball and football. Kids will learn skills through fun activities and game play.

Adult Sports

The Y offers various sporting opportunities for adults throughout the year. Check the sports schedule to see what is offered for the current session.