

At the Y, we understand that before children can be great athletes, they need to be great at the fundamentals. That's where we fit in — shaping tomorrow's athletes today. We build skills. We build character. We have fun!

Y youth sports are run under the Y sports philosophy which is based on seven principles:

- Everyone plays
- Safety first
- Fair play
- Positive completion
- Family involvement
- Sport for all
- Sport for fun

**Youth Sports**

**Bitty Basketball (14328)**

Ages 3 – 6 yrs

Bitty Basketball is an introductory coed class to basketball. Classes within the session will cover dribbling, shooting, passing. Kids will learn through fun activities and game play.

(01) SatTue 11:00 – 11:45am Druid Hill Family Center Gymnasium

**Basketball Skills (14356)**

Ages 7 – 10 yrs

Basketball Skills is a coed class that will help kids enhance their fundamentals such as ball control, dribbling, shooting, passing and court positioning. Kids will learn through fun activities and game play. This class will also prepare kids for league play.

(02) Sat 12:00 – 1:00pm Druid Hill Family Center Gymnasium

**Sports Mix (14321)**

Ages 4 – 7 yrs

This coed class is designed to introduce kids to a variety of sports games including but not limited to, soccer, basketball, lacrosse, baseball and football. Kids will learn skills through fun activities and game play.

(05) Sat 10:00 – 10:45am Druid Hill Family Center Gymnasium

**Sports Mix Fees**

Member: FREE Youth Member: FREE Open Rate: \$60

**Youth Sports Fees**

Member: \$30 Youth Member: \$55 Open Rate: \$60