



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						10:15 - 11:00am Jazz (01) Ages 4 - 6 yrs
Dance Recitals! See Family Programs page for more information.						10:15 - 11:00am Ballet (02) Ages 7 - 10 yrs
			11:00 - 11:35am Kinder Kicks (01)		11:00 - 11:30 am Bitty Basketball (01)	11:00 - 11:45am Musical Theater (01) Ages 7 - 10 yrs
						11:45am - 12:30pm Ballet (03) Ages 4 - 6 yrs
						12:00 - 1:00pm Teen Strength Training (03)
	5:00 - 5:30pm Mommy & Me Little Dancers (02) Ages 2 - 3 yrs					
	5:30 - 6:00pm Sports Mix (01) Ages 3 - 5 yrs	5:30 - 6:15pm Miniastics (01)		5:30 - 6:00pm Gym Games (01)		
	5:30 - 6:15pm Little Dancers (01)		5:30 - 6:30pm Little Dancers (02)			
	6:00 - 6:45pm Kids Club (01)	6:15 - 7:00pm Science Club (01)	6:00 - 6:30pm Sports Mix (01) Ages 3 - 6 yrs	6:00 - 6:30pm Fit Kids (01)	Incident Weather: For weather related closings, tune into WTTR AM 1470.	
	6:30 - 7:15pm Ballet (01) Ages 7 - 10 yrs		6:30 - 7:00pm Sports Mix (02) Ages 7 - 11 yrs	7:00 - 8:00pm Teen Strength Training (02)		

Youth, Teen and Family Program Fees

Program Code	Class Name	Ages	Member	Youth Member	Open Rate
03303	Ballet	7 - 10 yrs	\$30	\$45	\$60
03303	Ballet (with recital) (02)	7 - 10 yrs	\$70	\$115	\$130
	Ballet (with recital) (03)	4 - 6 yrs	\$70	\$115	\$130
14328	Bitty Basketball	3 - 5 yrs	\$30	\$45	\$60
02253	Fit Kids	6 - 8 yrs	\$30	\$45	\$60
14320	Gym Games	3 - 5 yrs	\$30	\$45	\$60
03810	Kids Club	6 - 11 yrs	\$30	\$45	\$60
14324	Kinder Kicks	3 - 5 yrs	\$30	\$45	\$60
03305	Jazz (with recital)	4 - 6 yrs	\$70	\$115	\$130
03102	Little Dancers	4 - 7 yrs	\$30	\$45	\$60
14451	Miniastics	4 - 6 yrs	\$30	\$45	\$60
03102	Mommy & Me Little Dancers	2 - 3 yrs	\$30	\$45	\$60
03323	Musical Theater (with recital)	7 - 10 yrs	\$70	\$115	\$130
03862	Science Club	6 - 12 yrs	\$45	\$75	\$90
14321	Sports Mix	3 - 6 yrs	\$30	\$45	\$60
14351	Sports Mix	7 - 11 yrs	\$30	\$45	\$60
02250	Teen Strength Training	11 - 15 yrs	\$35	\$40	\$55

Y Building Futures Mentoring Program

Now more than ever, youth are in desperate need of positive role models; someone to support them, guide them, and let them know they matter. You can be that someone. BE A MENTOR. For information about volunteering as an adult mentor or to recommend a youth for mentoring, contact Rhea Butler, BSW at 443.844.1663 or rheabutler@ymaryland.org.

Family Fun Events

Free to members. Call 410-663-1300 for details.

Family Sweetheart Dance

Date: February 10
Time: 6:00 – 8:00pm

EGGstravaganza!

Weekend of March 31st

PLEASE NOTE: Teen Strength Training operates on a 7 week cycle, week 8 is designated for a make-up class, if needed.

Schedules subject to change without notice.



Family Programs

Dance Recitals

Participants will work with instructors for 8 weeks and learn a choreographed dance that will be showcased in a dance recital on April 21st. Costumes are provided for the recital.

All classes held on Saturdays.

03303 (02) Ballet	7 – 10 yrs	10:15 – 11:00am
03305 (01) Jazz	4 – 6 yrs	10:15 – 11:00am
03323 (01) Musical Theater	7 – 10 yrs	11:00 – 11:45am
03303 (03) Ballet	4 – 6 yrs	11:45am – 12:30pm

Fee: Member \$70 Youth Member \$115 Open Rate \$130

Ballet (03303)

Ages 7 – 10 yrs

Learn ballet movement and technique including proper body alignment, positions, terminology and more.

Bitty Basketball (14328)

Ages 3 – 5yrs

Bitty Basketball is an introductory coed class to basketball. Classes within the session will cover dribbling, shooting, passing. Kids will learn through fun activities and game play.

Fit Kids (02253)

Ages 6 – 8 yrs

Fitness program that combines interactive games and conditioning drills.

Gym Games (14320)

Ages 3 – 5 yrs

Class will introduce the preschool age group to a variety of activities and games that will help them prepare for kindergarten gym.

Kids Club (03810)

Ages 6 – 11 yrs

Come join us every week for a new themed adventure with stories, crafts, music, games, sports and more!

Kinder Kicks (14324)

Ages 3 – 5yrs

Kinder Kicks is an introductory coed class to soccer. Classes within the session will cover dribbling, shooting, passing. Kids will learn through fun activities and game play.

Little Dancers (03102)

Ages 4 – 7 yrs

Girls and boys will learn dance techniques such as ballet, jazz or tap. (Ballet shoes recommended.)

Miniastics (14451)

Ages 4 – 6 yrs

This pre-school aged class is designed to cover the skills needed to begin learning and developing gymnastics skills. Classes within the session will cover fundamental movements to improve motor skills, balance and coordination.

Mommy & Me Little Dancers (03102)

Ages 2 – 3 yrs

Parent/child dance class where basic ballet, tap or jazz dance techniques are taught.

Science Club (03862)

Ages 6 – 12 yrs

Each week participants will work on exciting science experiments or activities.

Sports Mix Classes (14321)

Ages 3 – 6 yrs

This coed class is designed to introduce kids to a variety of sports games including but not limited to, soccer, basketball, lacrosse, baseball and football. Kids will learn skills through fun activities and game play.

Sports Mix Classes (14351)

Ages 7 – 11 yrs

Learn the basic skills and fundamentals of a variety of sports including basketball, football, soccer, t-ball/baseball, lacrosse and other traditional and unique gym games.

Teen Strength Training (02250)

Ages 11 – 15 yrs

Fitness class teaches how to properly use the Cybex Circuit and cardio equipment, fitness center etiquette and safety procedures. Upon successful completion of both written and practical exam, participant will be issued a FitLinxx® ID# and a card allowing access to the fitness center.