

A photograph of two young boys sitting at a small table, playing chess. They are positioned in a swimming pool, with the water level reaching up to their chests. The scene is bathed in a deep blue light, creating a serene and somewhat surreal atmosphere. The boy on the left is wearing a white shirt and dark shorts, while the boy on the right is wearing a plaid shirt and dark shorts. Chess pieces are scattered on the table between them. The background shows the tiled edge of the pool and some faint markings on the wall.

If you think we're just a pool, look deeper.

Annual Report



2006-2007

Scottish poet Robert Burns said "Look around through Nature's range. Nature's mighty law is change." When he said that, he must have had this past year at the Y of Central Maryland in mind! Think of it. This year our leadership changed, blending both seasoned Y professionals with newcomers from the private sector. Our highly decentralized branch system gave way to a more customer-centric, one Y structure. The structure and focus of our volunteer boards shifted from branch oversight to community building, outreach and philanthropy. We began to change our approach to philanthropy with a more unified emphasis on our mission and impact, and our marketing became more defined, strategic and visible!

All these many changes serve one, very singular purpose: the advancement of our core mission, which, in spite of what Robert Burns said, will never change!

The Y exists to strengthen our community. We do that in countless ways. The scholarships we give to help children and adults enjoy our many programs strengthen not only those individuals, but also our entire community. Our dedication to Head Start and Urban Services serves us all by bolstering those most at risk. Our preschools, before and after school and camp programs enrich thousands of children while allowing their parents to work knowing their kids are well cared for, properly challenged and nurtured. Our health and wellness centers, classes and programs generate a cycle of confidence and success that greatly surpasses the cumulative total of pounds lost or muscles toned.

The Y of Central Maryland is all about relationships. We are well known for fostering the relationship between a healthy spirit, mind and body. But we are also about the relationship of one person to another; the relationship between a solid start in life, and a lifetime of success; the relationship between the strength of a single soul, and the vibrancy of an entire community.

This is the ecosystem of health that is both our honor and mandate to serve.

Join us. Whether as a volunteer, participant, donor or team member, your participation really matters here. It goes deeper than any single isolated act because each contribution to the Y relates to and uplifts our entire community.

The Y of Central Maryland. It's deeper here.

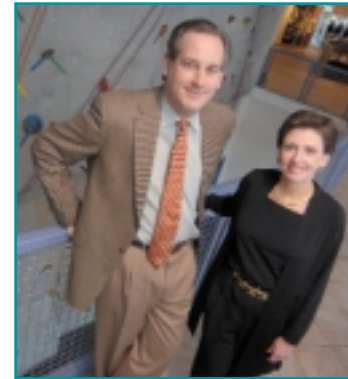
With appreciation,



John K. Hoey
President & CEO



Julie Mercer
Board Chair



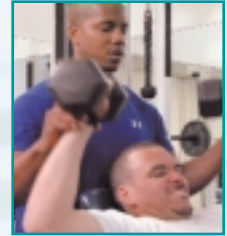
*John K. Hoey, President & CEO
and Julie Mercer, Board Chair*



It's deeper here.

*“I never knew what healthy felt like
and now I know.
It feels a whole lot better.”*

Steve Robinson, member





Our Reach Is Deep

- We help roughly 150,000 lives a year get stronger in spirit, mind and body.
- Last year, 7,775 babies, toddlers and children were nurtured, challenged and protected in Y child care and camps.

Spirit, mind and body wellness. Sounds good, doesn't it? But what exactly does it mean? What does it look and feel like? Flip through any fitness magazine and you'll see these words again and again. Spas, resorts, clubs – virtually every aspect of the fitness industry is using this language and practicing at least one piece of the total package.

"We're way more than an exercise class. We're a great support for each other."



Mary Schwing, member

The Y pioneered many staples of the health and wellness industry today, but we welcome and applaud every provider from every part of society who contributes to creating a healthier, stronger community. That's because our mission propels us beyond our four walls and won't let us slow down. Our job, our very reason for being, is to continually seek, support, develop and implement the best possible ways to feed the cycle of success and personal accomplishment that is holistic spirit, mind and body wellness.

"5:30 a.m. the cross trainer, then spinning class, the treadmill for 40 minutes, then floor exercises and the pool for 45 minutes. It makes you healthy, keeps you going, it's my life in the morning...."



Sue Harmon, age 77, member

That's what it's all about for us. Whether a support group cleverly disguised as a dance class, a state-of-the-art health and wellness center that is equal parts continuing education, social club, therapy and gym, or the opportunity to genuinely help change a life, we are doing it at the Y of Central Maryland. These are some of the magical ingredients that make up our own special formula for success.

Spirit, mind and body wellness. It's a phrase that isn't easy to define. But once you're a part of it, it's a feeling and a connection that holds you for life.

Whether in preschool, Head Start, before and after school programs, in sports or camping, thousands of children throughout Central Maryland are touched by the Y. As the largest provider of child care in the state, we have an enormous responsibility, commitment and opportunity that we intend not to squander. Recognizing and seizing the opportunity to positively influence lives from the very start is one of the ways we fulfill our obligation to help build a stronger, more intellectually, physically and emotionally fit community. It's a duty that starts with the youngest and most vulnerable among us and never stops.

"I take them to Y child care on campus. It's been real nice to walk over at lunch. I'm afraid to say it, but I almost think they get more out of coming here than they would at home."



Christopher Swan, PhD
Parent, Y Preschool at UMBC



Our Reach Is Deep

- Last year we helped 1,200 kids from under-served neighborhoods beat the odds.
- We helped 900 children, 90% of whom live at or below the poverty level, get a head start on school.
- We helped 4,000 kids have a summer camp experience to remember.
- We allocated over \$11 million to provide a Y experience for people who could not afford it.

Community building. It's another one of those phrases that sounds good but is easy to bypass. This is what the Y of Central Maryland does every day in a very real sense. We bring together young and old from every walk of life. We help realize dreams. In some cases, we help instill dreams never thought possible and then help make them happen.

There are plenty of wonderful organizations to support who ask for your heart, your mind and your treasure. By connecting to the Y of Central Maryland, you are participating in a truly unusual organization that has the power to change lives on a scale that can effect not just single lives (though we do), but can strengthen the backbone of entire communities.

We live in the wealthiest state in the nation. The challenge is that a great deal of human service need still exists. The opportunity, of course, is ours to make the wealthiest state also the healthiest. We can do this.

Join us.

“Once you get to them (young people) and they trust you, you’ve got them for life.”



Gregory Branch, Pro Baseball Scout
Urban Services Volunteer

“I actually saw, through Youth and Government, how my community was and how I can respect other people’s views. I have learned how to make the community better. Now I want to be a politician thanks to the Y. My dream? Possibly Governor or US Senator.”



James Torrence, Y of Central Maryland
Youth & Government participant

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In Honor of Joe Stella



The new 30,000 sq ft Walter and Betty Ward Center in Abingdon, MD opened its doors in June, 2007.

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In Honor of Fred Ward
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In Honor of Fred and Joan Ward

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Left - Colleen Daye, Harford County Volunteer Award Recipient with her father

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Second from right in back row, Ryan Hood, Carroll County volunteer award recipient with his family



Renovation and expansion of Ellicott City Center. Phase one is scheduled to open in Winter of '08 as the Dancel Family Center. When fully complete, this center will occupy 60,000 sq. ft.

Peter & Jeanne Floeckher
 Gary & Taylor Foss
 David Fries
 Susan & Guinn Clark
 Kay & Clark Galloway
 Rich & Rose Gardner
 David Gaudreau
 Pam & Sarah Gervais
 Dianne & Jay Gilbert
 Bud & Joan Green
 Martin K. P. Hill
 Carolyn Jasmin
 Glen & Jane Jensen
 Millie Jensen
 Wayne & Dorothy Jensen
 Robert Kavetsky
 Fred & Patsy Kern
 James & Susan Keul
 Dick & Grace Leighton
 Joe & Cindy Loverde
 Barbara Lunde
 Tom & Colleen MacLean
 Gary & Gayle Marzorati
 Joseph B. McDonald
 Mr. & Mrs. J. Michael McDonough

Darrell VanDeusen & Carrie Emerson
 Karl & Jeanne Vogt
 Mike & Kris Voorhees
 Mike & Donna Waller
 Larry & Connie Walton
 Lee & Bev Wilhide
 Russell & Sandy Witzke
 Walter Worrill
 Geraldine Young
 Lynne Young
 Betsy Zaborowski
 John E. Zentz & Sons, Inc.
 Rich Zink

The Y of Central Maryland deeply appreciates the generosity of its community of donors. While we make every effort to ensure that the annual report accurately acknowledges our contributors, we apologize for any errors or omissions contained in these lists.

Financial Summary 2006-2007

PUBLIC SUPPORT & REVENUE

	Audited March 31, 2006	Audited March 31, 2007
Public Support		
Contributions	\$ 943,211	\$ 1,192,221
Contributions (In-Kind)	1,596,986	1,289,479
Capital Campaign	406,929	930,142
Grants	8,913,940	10,116,037
United Way subsidy	<u>315,659</u>	<u>286,995</u>
<i>Total Support from Public</i>	<u>\$ 12,176,725</u>	<u>\$ 13,814,874</u>
Membership and Activities		
Membership Fees	\$ 8,625,622	\$ 8,719,208
Program Fees	<u>12,224,682</u>	<u>12,829,268</u>
<i>Total Memberships and Activities</i>	<u>\$20,850,304</u>	<u>\$ 21,548,476</u>
Investment and Rental Income		
Income from investments	\$ 7,075,768	\$ 455,581
Rental income	<u>159,043</u>	<u>128,532</u>
<i>Total Investment and Rental Income</i>	<u>\$ 7,234,811</u>	<u>\$ 584,113</u>
Miscellaneous Income		
	<u>\$ 71,839</u>	<u>\$ 47,607</u>
<i>Total Revenues</i>	<u>\$40,333,679</u>	<u>\$ 35,995,070</u>
EXPENSES		
Program Expenses	\$ 27,206,313	\$ 28,740,607
Supporting Services	<u>5,945,129</u>	<u>6,085,599</u>
<i>Total Expenses</i>	<u>\$ 33,151,442</u>	<u>\$ 34,826,206</u>

Association Leadership 2006-2007

Board of Directors

Chair.....Julie Mercer
Columbia Consulting Group
Vice Chair.....James T. McGill, Ph.D.
Johns Hopkins University
Vice Chair.....L. John Pearson
The Baltimore Life Companies
Treasurer.....Scott Cousino
Stifel, Nicolaus & Co., Inc
Secretary.....Michael R. Murphy
Hilb, Rogal, & Hamilton Company

Todd Briggs, *Integrated Benefits Corporation*
Martin A. Brutscher, *McBee Associates*
Alan C. Cason, *McGuireWoods, LLP*
John Clarke, *Community Volunteer*
Thomas Crawford, *Provident Bank*
Gregory A. Cross, *Venable, Baetjer, & Howard, LLP*
Peter W. Floeckher, Jr., *PNC*
Gary Foss, *GFoss Consulting, LLC*
Chester Godrick, *PricewaterhouseCoopers, LLP*
Martin K. P. Hill, *Hill Development Group, LLC*
John K. Hoey, *Y of Central Maryland*
Robert A. Kavetsky, *Energetics Technology Center*
David Lerer, *State Farm*
Andrew Malis, *MGH Advertising*
Gerald Marquez, *Smith Barney*

Albert J Mezzanotte, Jr., *Whiteford Taylor & Preston, LLC*
Tom Mooney, *O'Connor & Mooney Realtors*
Kenneth V. Moreland, *T. Rowe Price Associates, Inc.*
Rev. Roy Munson, *Community Volunteer*
Janese Murray, *Constellation Energy*
Tim Pursel, *Pursel & Drinkard, LLC*
Rita Ridgley, *Community Volunteer*
Lynn Rill, *PNC*
Doug Scriba, *Liberty Mutual*
Sharon Webb, *Marsh USA, Inc.*
Staci Wilbourne, *Becton, Dickinson and Company*
Donna C. Wilson, *Injured Workers' Insurance Fund*
Geraldine Young, *Community Volunteer*
Robert Zentz, *Laureate Education*

Y Senior Leadership Team

President & CEO.....John K. Hoey
Chief Operating Officer..... Robert J. Brosmer
Chief Marketing Officer..... Sara Milstein
Chief Human Resources Officer.....Marjorie Ripalda
Chief Philanthropy Officer.....Jeff Sprinkle
Chief Financial Officer..... Joseph Stella
V.P. of Childcare & Family Services... Chris Ader Soto
V.P. of Business Development..... Michelle Becote-Jackson
V.P. of Sports & Camping.....Nancy Donnelly
V.P. of Health & Wellness..... Troy Weaver

Our Mission

The Y of Central Maryland is a human service organization dedicated to developing the full potential of every individual through programs that build healthy spirit, mind and body for all.

Every dollar you contribute goes towards giving Y experiences to families, kids, and individuals who couldn't otherwise afford them. Give if you can. Ask for help if you need it. Y scholarships are one reason it's deeper here. To give, go to www.ymaryland.org.



It's deeper here.™